## **Building Resiliency Along Maine's Bluff Coastline**

### **Technical Manual for use of the Shoreline Management Assessment Decision Tree** *Finalized October 2017 Revised November 27, 2017*

As part of a project for the Maine Coastal Program (MCP)/Maine Department of Agriculture, Conservation and Forestry (DACF), the Cumberland County Soil and Water Conservation District (CCSWCD), developed a **Shoreline Management Assessment (SMA**) to support coastal landowners, community organizations and boards, municipal officials, and other interested parties who need to manage assets at risk due to coastal bluff erosion. This work was supported by the National Oceanic and Atmospheric Administration (NOAA) Coastal Zone Management Act of 1972 as amended.

The SMA allows the overall vulnerability of a coastal bluff to be quantified and helps the evaluator to determine whether a bluff restoration approach can

... incorporate "living shoreline" elements (mimicking natural systems by incorporating plants and biological materials)

#### or whether

.... only a "hard armoring" approach (using elements like rock-filled wire baskets, boulders, or concrete) can be used

#### and if

.... a mixture or both approaches is recommended

... to rebuild the bluff and prevent further erosion.

The SMA features three levels:

- 1) A *general* compilation of data and overview of the instability of a large area: the **reconnaissance** level assessment (RLA);
- 2) A limited *intermediate*, desktop-level ranking focused on specific study areas within the larger area: the **prediction** level assessment (PLA); and
- 3) A highly-focused first step to *recommend solution(s)* for a single study area: the **design level assessment (DLA)**.

The data and elements that should be considered at each of these three levels (RLA, PLA, and DLA) are shown in the **SMA Chart** included in *Attachment A* (also available in a large format, for improved legibility, on the project website).







A **Decision Tree Flowchart**, included in *Attachment B*, was developed to complement the SMA Chart by suggesting questions that an evaluator should ask as they review collected data and consider restoration methods. These questions are shown in blue, with potential outcomes in green; intermediate information that may be also required is shown in yellow.

The categories of information that should be collected and reviewed as part of an SMA is not always intuitive, so these **Technical Notes** define those categories and provide additional information on how to rank or quantify them. These Technical Notes also suggest sources for more information on some specialized or complicated types of data.

Neither the Decision Tree Flowchart, nor these Technical Notes, will provide the entire solution or specific recommendations for a specific site, but together, they will guide and support parties interested in using the SMA to restore and/or mitigate erosion of a coastal bluff.

### Level I – Reconnaissance Level Assessment

The **reconnaissance level assessment (RLA)** is an inventory of the current site conditions and historic data for the site. This work can be completed by the landowner, a community organization focused on bluff restoration, a state or federal program, or by a professional hired by any of these entities.

As part of the RLA, the following information should be compiled:

### **Historic Data**

#### 1. Aerial Photography, Orthophotos, and Ground-Level Photographs

The person performing an assessment should review aerial and ground-level photographs covering the widest possible time range.

Historical aerial photos are available free on Google Earth<sup>™</sup>, by selecting "Historical Imagery" in the 'View' tab. A sliding bar allows you to see detailed changes to the area over time, and provides the date of the flyover that generated the aerial. Historical aerials beyond those available on Google Earth<sup>™</sup> can be viewed on <u>www.historicaerials.com</u>, and purchased as digital images for a generally nominal fee.

Orthophotos are similar to aerial photos except that they have been geometrically corrected to eliminate distortion and allow for a uniform scale to be provided. Orthophotos of Maine are available from the Maine Office of GIS at <u>www.maine.gov/megis/catalog</u>.

The Iowa State University's Natural Resource Ecology and Management program has an excellent resource about how to interpret aerial photos. This document (<u>www.nrem.iastate.edu/class/assets/nrem345/Week6 ALL.pdf</u>) provides information on how to use size, shape (including what many types of trees look like in aerial photos), patterns (natural vs. man-made), tone, hue, texture, shadows, and association with adjacent properties to understand what an image is representing.

The current landowner or a community organization will likely provide photographs of the nature and scale of bluff instability and other changes observed on the property. These



ground-level photographs should be compared with aerial photographs to provide a sense of scale for the damage.

#### 2. United States Geological Survey (USGS) Topographic Maps

For more than 130 years, the United States Geologic Survey (USGS) has maintained and updated topographic (or "topo") maps that include contour lines (elevations), water bodies, resource areas (like wetlands), roadways, geographic place names, and many other features.

Historic maps originally published as paper documents in the period 1884-2006 are available as scanned images, and are generally referred to as quadrangle (or "quad") maps because they were produced in a rectanglular shape. Current-generation (since 2009) topographic maps are created from digital GIS databases. For more information on the USGS mapping program, visit. <u>https://nationalmap.gov/ustopo/index.html</u>.

To view the USGS topo maps for your study area, visit <u>https://viewer.nationalmap.gov/basic/</u>, zoom in to the study area in the map on the right side of the screen, click "US Topo" in the left hand window, and click "Find Products" to view USGS maps available for the area.

#### 3. Land Use Summary

Land use can be the cause of, or at least contribute to, bluff erosion. Land use adjacent to coastal bluffs may include agricultural, mining, timber harvesting, fishing/shellfishing, recreational, military, and residential activities, or a combination of these.

The most common source of information about historical land use is from aerial maps. However, information on past land use may also come from the current landowner, residents or occupants of neighboring properties, a local historical society, the municipality's planning department, or the local library. The Maine Historic Preservation Commission, especially if it was the site has archaeological or historical significance. Learn more about the Commission's resources at <u>www.maine.gov/mhpc</u>.

#### 4. Landscape Modification Summary

Information on changes to a property will most likely be provided by the landowner. This summary should include not only the bluff instability and other changes observed on the property, but also when those changes were first observed (year and season), and under what condition the changes occurred (for example, during a certain storm). These reports and observations should be verified on historic aerial photographs.

When available, photographs of any damage (for example, a large landslide) provided by the landowner should be compared with aerial photographs to provide a sense of scale for the damage, potentially highlighting similar conditions on nearby bluffs.

## **Existing Conditions Data**

#### 1. Current Land Use

The most common source of information about current land use is from the landowner.

However, the owner of a property that contains a coastal bluff may not have much information about drainage (runoff) from roadways and other properties that may be discharged onto their property via an engineered drainage system (such as pipes, catch basins, drain manholes, and green infrastructure). In this case, the municipal engineer or public works department may also be helpful in understanding how that system was designed and how the drainage arrives to the property. This person or department may also be able to provide information on maintenance easements the municipality owns for the system. A local municipal engineer would also be a useful partner in identifying improvements that may be more protective of the bluff (for example, installing rain gardens or other green infrastructure).

#### 2. Structures

This source of data includes houses, sheds, barns and other buildings that are present on a property, but also impervious surfaces such as driveways, parking lots and sidewalks. Features such as engineered drainage systems, septic systems, retention ponds, farm dump sites, and green infrastructure are also of interest because they may contribute water (either by drainage or groundwater infiltration) in the direction of the bluff. This information will primarily come from the landowner, but as mentioned in the "Current Land Use" section, a local municipal engineer or public works department may also serve as a resource.

#### 3. Vegetation

An inventory of the condition, type(s), and diversity of vegetation present below, on, and above the bluff is critical in understanding whether, and to what extent, vegetation can serve in restoration or mitigation efforts. For example, an inventory showing unsuccessful efforts to plant trees on the upper limits of a bluff may indicate that a woody shrub species is more appropriate for the soils.

This vegetation inventory information can come from an on-site visit by the person performing the assessment, through phone conversations and photos provided by the landowner, from aerial photo interpretation, via an inspection of the bluff from a boat, by drone flight, or by a combination of these.

Additionally, an inventory of the vegetation along any roadway or in any area that drains to the bluff, and information on what person or organization maintains that vegetation, should be completed. Use reference materials such as the "Coastal Planting Guide" developed by Cumberland County Soil and Water Conservation District for the Maine Coastal Program.

When available, photographs of vegetation provided by the landowner should be compared with aerial photographs to document and confirm the appearance of a plant type or species in those photographs and extrapolate this to adjacent properties and upgradient areas.

#### 4. Upland Hydrology

The term "hydrology" refers to the movement of water over land, and it is important because drainage reaching a property- specifically, water reaching the top of a bluff- may contribute to instability of the bluff slope.

Hydrology includes both the size of the area draining to the property as well as:

- How water flows across the property. For example is it: channelized into a concrete ditch? Confined to a natural stream? Mitigated by green infrastructure?;
- How much water reaches the property under specific conditions;
- If any water infiltrates into the ground or whether all of the water reaches the top of the bluff; and
- How fast water flows once it reaches the property.

This information may be available to the landowner or visible during an on-site visit by the person performing the assessment. The USGS maintains a program called StreamStats that allows a user to visualize the boundary of the area draining to a point, get information on the size of that drainage area, calculate estimated flow from that area, measure distances, see elevation change between two points, and print or download the boundary.

The StreamStats program website for the State of Maine (available as Version 3 as October, 2017) is available at <a href="https://water.usgs.gov/osw/streamstats/maine.html">https://water.usgs.gov/osw/streamstats/maine.html</a>, and User Instructions are available at <a href="https://water.usgs.gov/osw/streamstats/">https://water.usgs.gov/osw/streamstats/maine.html</a>, and User Instructions are available at <a href="https://water.usgs.gov/osw/streamstats/">https://water.usgs.gov/osw/streamstats/maine.html</a>, and User Instructions are available at <a href="https://water.usgs.gov/osw/streamstats/">https://water.usgs.gov/osw/streamstats/</a> (Version3UserInstructions-20160401.pdf).

Alternately, hydrology information may be provided by a professional, such as the local municipal engineer, public works department, or a consultant. Alternatively, it may be included in site plan applications or other reports in the municipality's files.

### 5. Tide

When assessing a coastal bluff for instability (or when developing potential restoration plans), the extent of high tide is generally most useful, as the impact of wave energy on bluffs during high tide events can be substantial.

There are several terms used by different agencies to describe high tides, many of which are used in different levels of the SMA. Brief descriptions of some of these types of high tides are in the following bullets.

- <u>Highest Annual Tide</u>: The Maine Geological Survey describes as the highest annual tide as a peak tide that exceeds all others in elevation. This tide- also known as a "spring tide", although it can occur any season is caused by combinations of gravitational forces driven by the position of the earth and moon.
- <u>Highest Astronomical Tide</u>: The motions of the earth, moon, and sun change on a cycle that repeats every 18.6 years- a period is known as the National Tidal Datum Epoch. The highest tide at a specific station during a tidal epoch is known as the Highest Astronomical Tide for that station. This elevation is very similar to, but slightly higher than, the Highest Annual Tide.

- <u>King tide</u>: This term does not have a scientific definition, but is generally used to refer to especially high tides. This term has become more common as rising coastal waters, even during days without precipitation, are more frequently pushed upstream *into* pipes that normally flow *out* to the stream or ocean. When these pipes back up, the water comes up out of drainage structures. The severity of local street flooding in recent years has increased awareness of the public of sea level rise.
- <u>Mean Higher-High Water (MHHW)</u>: Each day has two tidal cycles, and therefore two high tides and two high-water levels (one during each high tide). One of the high-water levels will be higher than the other. NOAA describes MHHW as "The average of the higher high-water height of each tidal day observed over the National Tidal Datum Epoch."
- <u>Mean High Water (MHW)</u>: NOAA describes MHW as "The average of all the high-water heights observed over the National Tidal Datum Epoch".
- Ordinary High Water (OHW): This measurement is different from the others in this list in that it's determined through *visual* inspection of a shoreline, not from a calculation. The United States Army Corps of Engineers describes OHW as "the line on shore established by the fluctuations of water and indicated by physical characteristics such as a clear, natural line impressed on the bank, shelving, changes in the character of soil, destruction of terrestrial vegetation, the presence of litter and debris, or other appropriate means that consider the characteristics of the surrounding areas."

An excellent resource that describes high tides, published by the Maine Geological Survey, is available at

http://digitalmaine.com/cgi/viewcontent.cgi?article=1500&context=mgs\_publications

Many stations within Casco Bay and along the coast of Maine track high tide data (for example, Potts Harbor in South Harpswell is station 5985). A history of high tide data for these stations is available at <a href="https://www.sailwx.info/tides/tidemap.phtml?location=3462">www.sailwx.info/tides/tidemap.phtml?location=3462</a>, which includes a map centered on Orr's Island in Casco Bay. Scroll down the page to read descriptions of the available stations, and click on the station closest to the property of interest. The resulting page will show the predicted height of high and low tides for the current day, but you can scroll down to the "Time Control" feature to choose a specific date- for example, during a specific storm event or astronomical high tide. Tide chart data is compared to the chart datum for that station. Datum for many Maine locations can be found at: <a href="https://tidesandcurrents.noaa.gov/datums.html">https://tidesandcurrents.noaa.gov/datums.html</a>.

*Figure 1*, below, from a database managed by NOAA, shows many of the tide elevations described previously for station #8417988 located on Great Diamond Island in Casco Bay, Maine. As mentioned above, ordinary high water (OHW) is not shown on this image because this would be based on a visual inspection of the shoreline; it is not a calculation.

A number of low-tide orthophotos of the coast of Maine are available in the Maine Office of GIS online catalog, <u>www.maine.gov/megis/catalog</u>. See the notes associated with each data layer to learn more about the accuracy of each.

Station: 8417 IS., CASCO E Status: Accep Units: Feet	988, GREAT AY, ME oted (Apr 20 2		Datums for 8417988, GREAT DIAMOND IS., CASCO BAY, ME All figures in feet relative to station datum 12 MHW: 11.07 MHW: 11.07 DHQ: 0.43
Datum		Description	10-
MHHW	11.50	Mean Higher-High Water	
MHW	11.07	Mean High Water	
MTL	6.53	Mean Tide Level	8
MSL	6.57	Mean Sea Level	DTL: 6.57 MSL: 6.57 MTL: 6.53 MN: 9.08 GT: 9.86
DTL	6.57	Mean Diurnal Tide Level	6- MN: 9.08 GT: 9.86
MLW	1.99	Mean Low Water	
MLLW	1.64	Mean Lower-Low Water	
NAVD88			
STND	0.00	Station Datum	
GT	9.86	Great Diurnal Range	2- MLW: 1.99 MLLW: 1.64 DLO: 0.35
MN	9.08	Mean Range of Tide	Datums NOAA/NOS/CO-OPS
DHQ	0.43	Mean Diurnal High Water Inequality	100M/1902/20-013
DLQ	0.35	Mean Diurnal Low Water Inequality	Appropriate for the second s
HWI	3.58	Greenwich High Water Interval (in hours)	Showing datums for
LWI	9.75	Greenwich Low Water Interval (in hours)	8417988 GREAT DIAMOND I

*Figure 1:* Source: National Oceanographic and Atmospheric Administration (NOAA) Tides & Currents Datum. Note that elevations are given in Station Datum. In this example subtract 1.64 feet, the elevation of MLLW to get values commonly used in tide tables. (<u>https://tidesandcurrents.noaa.gov/datums.html?id=8417988</u>)

## **Instability Assessment Rating**

The last step of a Level I RLA is to perform an **Instability Assessment Rating** for the property or coastal bluff to assess erosion condition and potential. The Instability Assessment Rating system is similar to the Bank Erosion Hazard Index (BEHI) Ranking developed by Dave Rosgen of Wildland Hydrology, Inc., in that both assign point values to several categories of bank condition, providing an overall score that can be used to inventory the condition over large areas and prioritize eroding banks for remedial actions. The difference is that BEHI is limited to assessment of river and stream conditions, whereas the Instability Assessment Rating is used to assess coastal processes and factors.

A **Data Sheet** (form) that can be used to perform an Instability Assessment Rating is included in *Attachment C*. Portions of this form can likely be filled out by a landowner, but other sections may require assistance from a professional with experience evaluating coastal bluffs.

The form includes a numeric score, ranging from 1 to 3, for twelve (12) different categories or measures of bluff stability. These include many of the types of data described in previous sections as well as soil properties, bank slope, the presence of active bank erosion, and the type of landscape on the bluff (native and vegetated vs. engineered and armored).

- A low score (1) means that the bluff condition is good for that category.
- A high score (3) indicates an element that is poor, contributing to instability of the bluff.

When fully completed, this form will provide an overall rating for the bluff. Forms can be completed for different, unique areas of concern on a property; this is useful because it allows restoration to be prioritized to the area that has the most overall instability. The completed form

will enable a professional to understand the current site conditions that are critical when developing a site-specific design plan.

Once this data has been compiled and overall ratings calculated, the person doing the assessment can move on to Level II, the Prediction Level Assessment.

### Level II – Prediction Level Assessment

A **prediction level assessment (PLA)** builds on the data gathering step of the RLA by allowing the person doing the assessment to focus on specific areas.

While the RLA may be completed by a landowner or local organization, the PLA will likely be performed by a professional using data collected during a RLA. The PLA will likely use engineering and planning software in order to develop a conceptual understanding of the site, as well as incorporate additional information.

A key aspect of this process is the analysis of the results from the Instability Assessment Rating, which will be the basis of the PLA.

**Case studies** of the assessment of bluffs in Falmouth (Mackworth Island), Brunswick (Mere Point), and Harpswell (Mitchell Field) are included as *Attachment D.* This provide examples of a Level II or PLA assessment.

#### **Assessment of Hydrologic Processes**

The assessment of hydrologic processes will be conducted by using HydroCAD or a similar engineering software that can be used to understand how water flows across a site. As part of this analysis, the following information about the site will be analyzed.

- Water and groundwater resources on the site
- Soil layer properties
  - a. Soil permeability
  - b. Soil drainage class
  - c. Available water capacity
- Hydraulic properties
- Slope stability

In order to support this analysis, the following additional information will be compiled as part of the Level II PLA:

#### **Inventory Mass Erosion**

#### Symmetry

Identifying areas of asymmetrical erosion is an important initial step toward targeting areas of a bluff site which require further study and possible interventions. Based on the observations from the bluff site and relief from LiDAR data, the person performing the assessment will identify areas of symmetry on and around the bluff site in order to better understand the amount of erosion the bluff is experiencing.

In this context, symmetry refers to how even a bluff face is eroding. For example, is the entire bluff face receding at the rate of several inches per year? Or are there areas of the bluff that are eroding at a much faster rate than others?

When an area of a bluff erodes faster than another area, over time areas with higher erosion rates will form indentations into the bluff face, while areas of slower erosion may form protrusions. Areas with indentations may be characterized by small channels or large gullies. Indentations in bluffs will usually indicate places where upland drainage is concentrated, either due to natural topography or because of discharge from an engineered drainage system.

While asymmetrical rate of loss is often due to upland surface drainage, it may also indicate underground seepages. Factors influencing the speed of erosion at these sites include differing soil types, removal of vegetation, natural loss of vegetation (such as a single large tree), or the cascading effects of coastal erosion being caused by a nearby section of slope that has recently been armored.

An overview of bluff stability for the State of Maine, based in part on symmetry and other observed factors, is available from the Maine Geological Survey. See <u>hwww.maine.gov/dacf</u> /mgs/pubs/mapuse/series/descrip-bluff.htm for more information.

#### **Height Ratios**

If the symmetry analysis shows that some areas of a bluff may be eroding faster than other areas (gullies and channels), these features should be analyzed in more detail. The person performing the assessment will identify the height ratios of eroding areas by measuring the depth of the downward cut of the feature and its width. This information can be used to determine the probable cause of the erosion, such as upland discharge or undercutting due to wave action.

For example, if an erosion channel is forming which has a larger depth to width ratio, it is likely that concentrated upland flow is causing erosion at that location. However, a broad and even cut into a bluff may be more likely to indicate wave action is the primary factor, or that soils and geology are uniform along the shore.

#### **Inventory Hillslope Processes**

An assessment of hillslope processes at the study area will gather information that includes: degree of slope, inventory of running water, vegetation removal, changes in land use, and mass movement of soil.

This assessment will generally be completed by a professional, and the assessment will help the professional better understand the condition of the bank on the site.

#### **Analyze Shoreline Processes**

#### Wave Erosion / Coastal Inundation

Determine the effect wave energy is having on the bluff location. Sources for this information include Maine Geologic Survey fetch data. Bear in mind that the effect of wave energy will be

modulated by the height of flooding during storm events. This can be determined by observing desktop data, such as FEMA Flood Insurance Rate Maps or other sources of inundation heights.

#### Slump

In the context of bluff stabilization and assessment, a "slump" is a relatively deep cut into the plane of the bluff's face, causing a rapid and sudden loss of material. It may be caused by wave erosion, upland discharge, or some combination of factors. Slumps are typically focus areas for stabilization measures. Note whether there are sediment fans deposited on the intertidal area from previous slump events.

#### **Freezing Cycles**

Freeze/thaw cycles are an important contributor to bluff instability in the State of Maine. Bluff faces are frequently locations where underground water seeps to the surface. These seeps will frequently melt and refreeze during Maine's colder months. Each freeze and thaw cycle potentially increases bluff instability, expanding fissures and weak points in the bluff face. South-facing slopes experience the most freeze-thaw cycles in any given year.

Fluctuations in weather patterns from year to year may play a role in the extent to which freeze/thaw cycles cause bluff instability. For example, a dry period in summer followed by a colder winter with more storms than typically seen may create "slip failures" where dryer and wetter layers abut.

#### Identify/Inventory Shoreline Changes

#### **Recession Rates**

The overall recession of bluffs is a natural process, and eventual loss of land is expected over long timespans. This set of tools and other guiding documents is only intended to provide landowners with tools to slow or temporarily halt recession rates.

One important factor to consider when addressing bluff slope erosion is that when material erodes, it doesn't disappear. Eroded material will migrate to adjacent areas, through a process known as sediment transport. The deposition of eroded material in the coastal environment can create or add to features including spits, ridges, or sandbars. Sediment transport is responsible for the creation of tidal flats, beaches and other economically and ecologically important intertidal environments.

An inventory of shoreline changes looks at the base of the bluff (and surrounding areas) by assessing how material accumulates and erodes over time. Certain trends, such as an overall deposition and erosion of sediment at the base of the bluff, can impact the solution prescribed for addressing erosion. Also note that characteristics of fringing salt marshes provide insight into shoreline stability seaward of the toe of a bluff.

The Maine Geologic Survey has prepared a series of maps to assist in the identification of shorelines with high risk of coastal erosion. You can view these maps at: <a href="http://www.maine.gov/dacf/mgs/pubs/mapuse/series/descrip-bluff.htm">www.maine.gov/dacf/mgs/pubs/mapuse/series/descrip-bluff.htm</a>

#### **Inventory Direct Impacts to Shoreline and Bluff Form**

#### **Soil Layer Structures**

This analysis takes into account the types of soils that comprise the bluff structure. Certain soil types can produce different results when experiencing erosion, and can call for different solutions in the design phase. In order to look up the soil type for a given location, please use the USDA "Web Soil Survey" tool, <u>https://websoilsurvey.sc.egov.usda.gov/App/HomePage.htm</u>.

The soil type can yield important factors related to bluff stability. These include:

- How porous is the soil? That is, how easily can water flow through it?
- Is the soil well-aerated?
- How deep below the soil is bedrock located?

These factors affect how much water can be absorbed before running off on the ground surface, and how much water can be absorbed before the soil becomes saturated.

In particular, the presence of clay can play a substantial role in bluff stability. Clay soils tend to be impermeable, meaning layers of high water saturation may form. These can form failure surfaces where whole layers slip against other layers, leading to landslide events.

The Maine Geological Survey has compiled the locations of known landslides on bluffs along the Maine coast (including those interpreted from aerial photography) and areas identified with a high landslide potential into a series of maps. These Coastal Landslide Maps are available at <a href="http://www.maine.gov/dacf/mgs/pubs/mapuse/series/descrip-slide.htm">www.maine.gov/dacf/mgs/pubs/mapuse/series/descrip-slide.htm</a>

### Level III – Design Level Assessment

The design level assessment (DLA) is a description of design concepts that can be used in order to address erosion at a bluff site based on the results of a RLA and PLA. Level III of the Decision Tree Flowchart is not meant to be a stand-alone guide, and should be used by a professional as a suggestion rather than an answer. The exact solution that is designed should be based on the results of the RLA and PLA.

DLA recommendations are broken out into two types, each corresponding to the area of erosion that is being addressed in the design. These areas are:

#### **Nearshore/Intertidal**

Concepts described in this section should only be used in the nearshore or intertidal area of a bluff site, provided the RLA and PLA support the design concept. The "nearshore" area refers to the coastal waters adjacent to a site outside the intertidal zone. The intertidal zone refers to the areas between "low tide" and "high tide". In Maine, property owners can own land out to the mean low tide line. For the purposes of bluff management, "high tide" is typically demarcated by the "highest annual tide".

The DLA for this area can also include suggestions for assessment of additional bluffs for future work, or even Bluff Management Plans if the landowner is interested in adopting one.

#### **Upland/Riparian Zone**

A comprehensive approach to bluff management should include upland drainage areas which discharge at or near bluff sites. In areas where a substantial amount of freshwater flow is present, such as at the mouths of permanent rivers or streams, or even at perennial streams, special considerations must be made to incorporate best management practices for stream management.

Areas adjacent to streams and rivers are known as the "riparian zone". For example, wetland species, which can tolerate areas that are perennially wet, should be planted in in these zones. It is important to consider how riparian zones provide connectivity for wildlife between coastal and freshwater areas.

Where it is determined that vegetation can play a role in the restoration of a bluff or preventing erosion at one, the **Coastal Planting Guide** included in *Attachment E* can assist in selecting plant varieties for slope stabilization. It considers many factors, such as:

- Salt tolerance;
- Soil depth;
- Wave height;
- Slope of the bank;
- Water availability; and
- Sun requirements.

The Coastal Planting Guide recommends native Maine plants that can be used to stabilize coastal shorelines where restoration with a living, natural shoreline has been determined to be appropriate.

The goal of a DLA is to develop a comprehensive site management plan with a full understanding of parameters. The overall goal is to manage sites and install best management practices which mimic natural conditions and processes. By evaluating nearshore and intertidal processes, surface and ground water conditions, as well as native vegetation that promotes bluff stability, designs can be selected that are consistent with this overall goal.

### **Attachments**

A: Shoreline Management Assessment (SMA) Chart

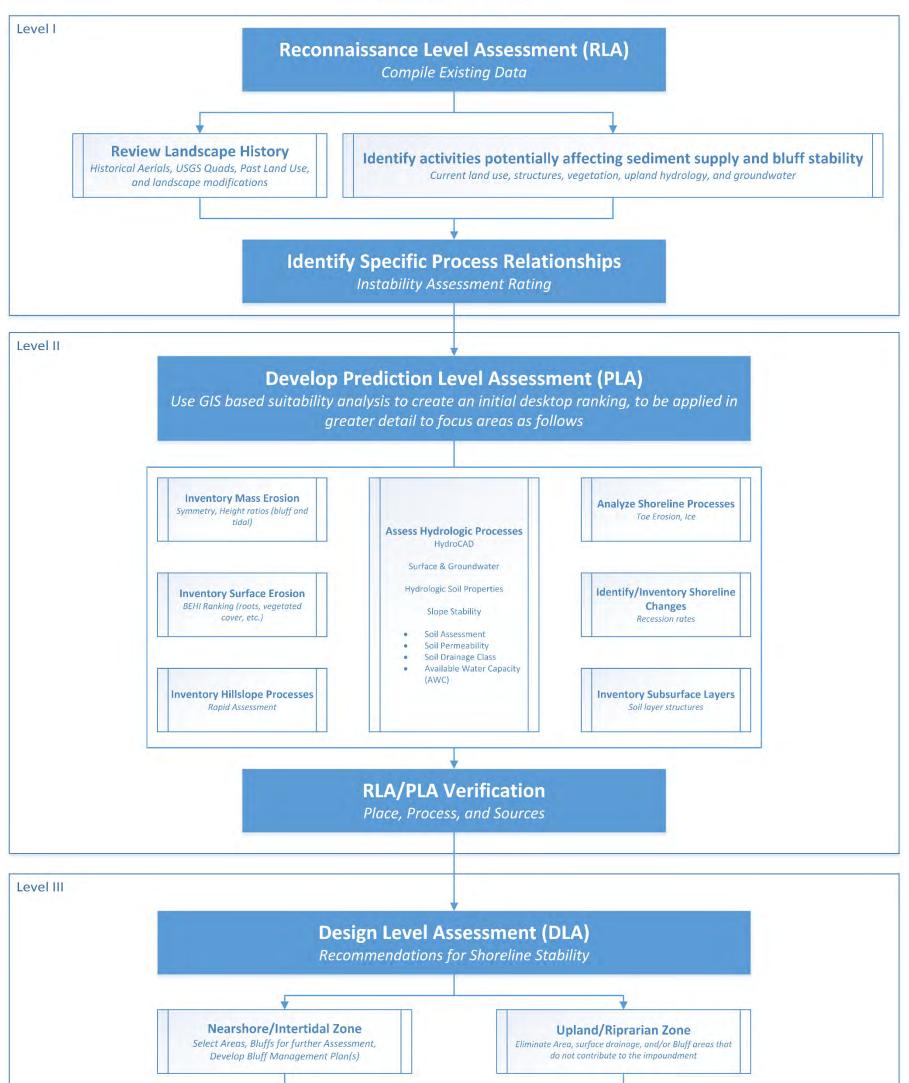
- B: SMA Decision Tree Flowchart
- C: Instability Assessment Rating Form

#### D: Case Studies

- Falmouth (Mackworth Island)
- Brunswick (Mere Point)
- Harpswell (Mitchell Field)
- E: Coastal Planting Guide



# **Bluffs Task 1**





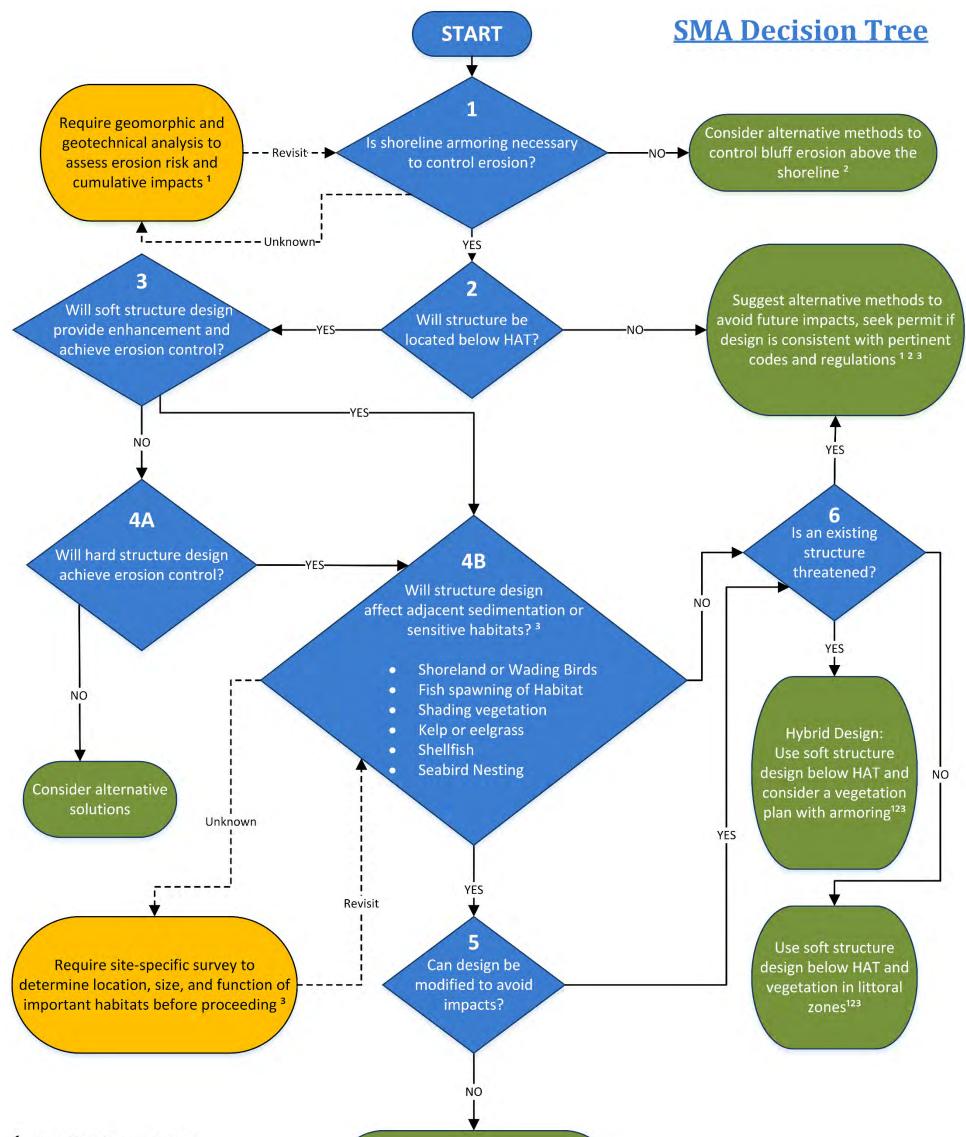
The Shoreline Management Assessment Decision Tree was developed for the Maine Coastal Program/Maine Department of Agriculture, Conservation and Forestry by the Cumberland County Soil and Water Conservation District. This work was supported by the National Oceanic and Atmospheric Administration (NOAA) Coastal Zone Management Cooperative Agreement #NA14NOS4190047 pursuant to the Coastal Zone Management Act of 1972 as amended.



**Conservation** District







<sup>1</sup> - See PLA Focus Areas

<sup>2</sup> - See DLA Concepts
<sup>3</sup> - See Mitigation for Armoring HAT - Highest Astronomical Tide ( as defined by NOAA)

Define conditions and recommendations to mitigate impacts

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#### INSTABILITY ASSESSMENT RATING DATA SHEET

Location (Nearest Address or Coordinates)

Photo(s):

Name and Affiliation of Inspector:

Date:

	Category / Parameter / Description of Bluff Condition					
	Measurement Method	Good (1)	Fair (2)	Poor (3)	Rating (1, 2, or 3)	
1	Hydrology - Changes in Upland Runoff	No recent alteration of upland area draining to study site. Drainage of bank has not been modified.	Minimal overland drainage changes upland from study site. Does not adversely affect hydrology or result in concentrated flow. No point discharge.	Surface drainage upland is discharging with an adverse affect to study site. Water is ponded above the bank. Seepage may be present.	(1, 2, 01 3)	
2	Hydrology - Nature of Flow	No apparent concentrated flow or channelized flow to study site from adjacent land use.	Some concentrated or channelized flow is directed to study site, causing point discharge. However, measures are in place to protect resources or discharge is limited.	Concentrated or channelized flow is heavy or results in a large point discharge observed at study site. No protection is in place.		
3	Hydrology - Land Use	Upland area is primarily native and undisturbed. Vegetated area is greater than 70% and is a mix of shrubs and trees. Trees larger than 12" diameter are at least 20 feet from top of bank.	Land development and/or active agricultural practices are occurring on less than 70% of the upland area. Vegetated area is between 20 and 70%. Trees larger than 12" diameter are between 5 and 20 feet from top of bank.	Upland is urban or primarily active agricultural practices (less than 30% is native or undisturbed). Vegetated area is less than 20%. Trees larger than 12" diameter are less than 5 feet from top of bank; tree roots may be exposed.		
4	Hydrology - Distance to Roads	No roads are on, or are within 20 feet of, the study site. No roads on or adjacent to site are proposed in 10 year plan.	No roads are on, or are within 20 feet of, the study site. No more than one major road on or adjacent are proposed in 10 year plan.	Roads are located on or adjacent to study site (less than 20 feet away) and/or multiple roads are proposed.		
5	Hydrology - Seepage	Upland runoff as a result of rainfall patterns, geology, and soils does not result in seepage in bank.	Upland runoff as a result of rainfall patterns, geology, and soils results in seepage in less than 10% of the bank area.	Upland runoff as a result of rainfall patterns, geology, and soils is creating seepage in more than 10% of the bank area.		
6	Vegetation at Toe of Bluff (strip = width of vegetation below highest annual tide line)	<b>Dense vegetation</b> >80% of contributing shoreline length has a strip >25 feet wide	Average vegetation 50 - 80% of contributing shoreline length has a strip >25 feet wide	Low vegetation <50% of contributing shoreline length has a strip >25 feet wide		
7	Sediment Supply (Erosion)	Low soil erosion Bank erosion shows no recent change or loss. Few runnels/gulleys are present on the bank face.	Moderate soil erosion Bank erosion is occurring: visual change and loss are observed. There are several runnels/gulleys on the bank face, all less than 6 inches deep.	High soil erosion Bank erosion is occurring with measurable change. There are numerous runnels/gulleys, or some that are more than 6 inches deep		
8	Bank Slopes	Slopes are between 3 and 8%.	Slopes are between 8 and 20%.	Slopes are 20% and greater or are undercut.		
9	Bank Height vs. High Tide Elevation	High Tide Elevation is <u>at or near</u> Top of Bank	High Tide Elevation is <u>1/3 below</u> the Top of Bank	High Tide Elevation is more than 1/3 below the Top of Bank		
10	Soil & Geology	Bedrock and boulders make up the bank. Or, cohesive soil types (sand/gravel mix) mixed evenly.	No bedrock or boulders, cohesive soils (sand/gravel mix) are dominant and mixed equally. Clay to very stony sandy loam.	Soils are non-cohesive and/or highly stratified. Sand/gravel mix with larger percentage of sand, sandy loam, silt,		
11	Bank Surface Protection (%) = a visual assessment of the amount of bank composed of root material. Also referred to as "Root Density" Ratio of Root Depth: Bank Height	Surface Protection = 80 - 100% Root depth: Bank Height = 1.0 - 0.9 Bank Height	Surface Protection = 55 - 79% Root depth:Bank Height = 0.5 - 0.89 Bank Height	Surface Protection= < 55% Root depth:Bank Height = < 0.5 Bank Height		
12	Biology / Landscape Connectivity	Shoreline of study site, and the adjacent area, have native bank and vegetation materials. No rip-rap or hardened structures installed.	Shoreline of study site, and the adjacent area, have native vegetation and bank materials but are impaired by invasives and/or have rip-rap or hardened structure installed.	Shoreline of study site and.or the adjacent area are hardened by a concrete headwall, or rip-rap or other structure. Limited vegetation present.		
				Total Rating (sum column):		

Images included in this form are adapted from graphics developed by David Rosgen in 1993 and presented on March 25, 2001 in "A Practical Method of Computing Streambank Erosion Rate" at the Federal Interagency Sedimentation Conference in Reno, NV.

This Instability Rating Form was developed for the Maine Coastal Program/Maine Department of Agriculture, Conservation and Forestry by the Cumberland County Soil and Water Conservation District. This work was supported by the National Oceanic and Atmospheric Administration (NOAA) Coastal Zone Management Cooperative Agreement #NA14NOS4190047 pursuant to the Coastal Zone Management Act of 1972 as amended. For more information about the Maine Geological Survey, contact mgs@maine.gov or 207-287-2801. For more information about the MCP, visit www.mainecoastalprogram.org or contact 207-287-2351.



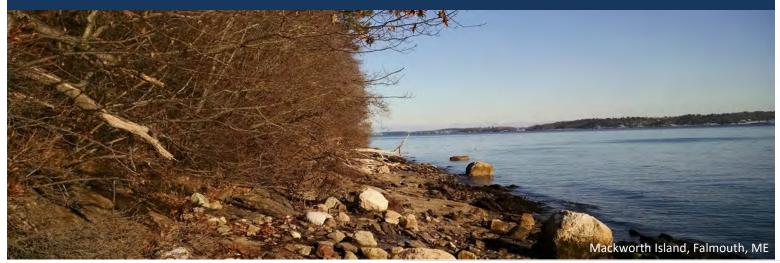






Cumberland County Soil & Water Conservation District

# **BUILDING RESILIENCY ALONG MAINE'S BLUFF COASTLINE** Case Study: Mackworth Island | Falmouth, ME



# **Assessment Overview**

Five factors influence slope stability of an embankment:

- 1) Shear strength of the soil;
- 2) Unit weight;
- 3) Embankment height;
- 4) Slope steepness; and
- 5) Pore pressure within the soil.

Failure generally occurs in two ways. The first is by physical sliding action of the slope, from a local shallow failure or as a larger toe failure. The second case is by shear failure of the soil itself when excess soil pore pressures exist from saturation. The condition of these factors at this location is described in the following paragraphs.

## **Site Visit Information**

Evaluation date:	November 10, 2016
Evaluators:	Damon Yakovleff (CCSWCD), Troy Barry
Study sites:	8

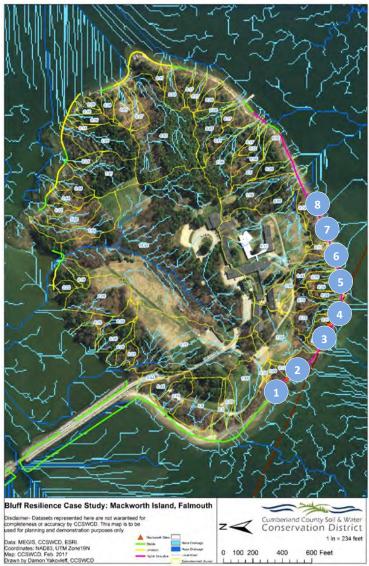


Figure 1. Eight Study Sites at Mackworth Island, Falmouth, ME



# **Assessment of Soils and Erosion**

Because the soils in and around Mackworth Island consist primarily of till, the soil matrix has a high pore spacing between the sand and gravel particles. The toe of the bluff had intermittent ledge mixed with gravel and sand. Seaward of the toe intermittent beach is found consisting mainly of larger soil mixture of gravel and cobble with a scattering of boulders.

The Mackworth Island location has two areas considered to be "high landslide" probability according to the Maine Geological Survey. The remaining area is considered moderate, likely seeing increased erosion during freeze/ thaw periods.



Figure 2. Soils at the Mackworth Island sites were primarily till.

# **Impact of Water on Slope Failure**

There is strong evidence of a direct connection with the upland water runoff and the several shallow failures occurring along the southern shoreline. The addition of water from rainfall or snow infiltrates and replaces air in the pore spaces, adding weight. This water expands and contracts in the void spaces resulting in slope failure. Infiltrated water can change the angle at which the slope is stable.

At the time of the initial site visit seepage was not witnessed at the toe/lower bank interface. However, a second visit in December revealed prolific bank seepage that would be expected to be seen during the wet season.

It is likely that some of the toe erosion is being accelerated by perched groundwater seepage. Sites 3, 4, 5 and 6 all have undercut banks and toe heights of or exceeding three (3) feet or greater. This appears to be further compounded from the deflection effect from the surrounding hard ledge.

# **Assessment of Vegetation**

This interaction between runoff and steep exposed banks is being enhanced by the reduced vegetation in the upland area that has reduced the potential for root structure to assist in binding soil near the bluff-upland interface. Areas that have lost vegetation are seeing accelerated erosion from runoff in the form of rills, allowing the vegetated areas to be vulnerable to rapid erosive change.



Figure 3. Removal of upland vegetation increases erosion at the Mackworth Island sites.

# **Factors Contributing to Instability**

Specific factors contributing to instability at this location, and overall instability ratings for the eight Study Sites, are included in *Table 1*.



STUDY SITE	UPPER BANK	LOWER BANK	TOE	
1 Coordinates: 70°	14' 6.506" W, 43° 41' 15.032	2" N		
C-Value: 0.30	Drainage @ Top to Bluff, 35' 42° Large, Elm & Grass	25-30' Rip Rap Granite	Beach-Sand/Gravel/Rock	
227° SW Stable Material:	Trees/Grass	Boulder Rip-Rap	Native	
Rating:	Good/Fair (1.5)	Good/Fair (1.5)	Good (1)	Total Rating: 4
2 Coordinates: 70°	14' 4.970" W, 43° 41' 14.041	" N		
C-Value: 0.30 217° SW Exposure	Drainage @ Top, Tree Buried, on upslope with Fill- Killing it, 45°	Rip-Rap, 35'-25'		
Stable Material:	Trees/Grass, Rip-Rap	Boulder Rip-Rap	Native	
Rating:	Fair (2)	Good/Fair (1.5)	Good (1)	Total Rating: 4.5
	14' 1.530" W, 43° 41' 11.828			A STATE OF A
C-Value: 0.30 237° SW Exposure	Oak Trees/Grass, 42-47°, 35'- 40' Bluff	12-15' Bank Failure, Sand 85- 90°	Undercut 15'-20', Sand- Bedrock interface	
Stable Material:	Trees/Grass on Loam Sand	Sand	Sand/Bedrock	
Rating:	Good (1)	Poor (3)	Poor (3)	Total Rating: 7
4 Coordinates: 70°	13' 59.900" W. 43° 41' 11.28	35" N		and the second sec
C-Value: 0.30	Trees/Grass 35-40' Bluff, Terrace @ 15' to 10' 15' (up) @ 47* 10' (up) @ 32*-90*	10'-90' Bank Failure	Undercutting, Bank Beach w/ sand	
210° SW Exposure Stable Material:	Some tree loss	Tree Loss	Charles of his Bastissel	
Rating:	Fair (2)	Fair/Poor (2.5)	Flanked by Bedrock Poor (3)	Total Rating: 8.5
and the second se	13' 56.679" W, 43° 41' 10.47		P001 (5)	Total Nating. 6.5
C-Value: 0.30 Vegetation change with wetland plants on banks 170° SW Stable Material:	150' -45" with distinct terrace @ top N/A	80' Receding in places, 40- 48" N/A	40' Undercut Bank failure, Sand at beach Hydraulic Change in soil 90° @ Cuts Otherwise 40-48° N/A	
Rating:	Good/Fair (1.5)	Fair/Poor (2.5)	Poor (3)	Total Rating: 7
7 Coordinates: 70*	14' 6.506" W, 43" 41' 15.032	2" N		
C-Value: 0.30 Stormdrain Gully	20' Cutback from shoreline 80°-90°	Clay Exposed, eroded pipe pieces from outfall failure	Toe is stable, due to material Water Running	
Outfall 116° SE	15" Diameter Clay	20' Back. 15' Wide undercut	Granite	
Stable Material:	N/A	N/A	N/A	
Rating:	Poor (3)	Poor (3)	Poor (3)	Total Rating: 9
	13' 52.056" W, 43° 41' 11.61			
C-Value: 0.30	60' Back, 30' Wide, Loam	Very Wet, Swamping. Trees		
Gulley Cutback 30' to terrace 180° S Stable Material:	Soil, Tree Failure, 75°, Undercut Failure top 20' N/A	missing, Hydraulic Soil Change, Plants are wetland, 12-30° stepped N/A	Sand-Coble beach, framed by bedrock, 80-90° N/A	
stable Material:	Poor (3)	Poor (3)	Fair/Poor (2.5)	Total Rating: 8.5

#### Table 1: Instability Rating and Upland Runoff of Each Study Site at the Mackworth Island Location

# **Conclusions**

The sand/gravel soil at this site contributes to is its inability to remain stable at steep slopes. Most in-place soils are stable at a 1:1 slope ratio (horizontal:vertical), but when soil is subjected to load, such as the surface water reaching the top of the bluff, that saturated soil can no longer support the load.

Soils and slopes like those in this location require healthy and deep-rooted vegetation to provide soil strength, in turn reducing erosion risk. It is likely that the multiple freeze-thaw events and water runoff from upland areas that reach the top of the bluff or the face through seepage is instrumental in the process. The sand/gravel soil matrix combined with low absorption root structure provided excellent conditions for the bluff to have multiple shallow failures. Water in and around the slope is a common agent in causing slope instability and erosion.

# **Potential Solutions and Treatments**

*Table 2* summarizes potential treatment concepts for the study sites at this location.

These treatments include:

- Considering a living shoreline approach along the toe
- Using plantings for stabilization to encourage sand piper habitat
- Stabilizing banks with root wads and utilizing brush mattress practices to encourage new growth
- Securing the toe of the slope with woody debris and establishing plants on the slope.

Site	Treatment Concept
1	Stabilize toe and lower bank. Mitigate surf runup.
2	Root wads at low and upper bank. Utilize brush mattress and encourage new growth.
3	Root wads at low and upper bank. Utilize brush mattress and encourage new growth.
4	Root wads at toe, low and upper banks. Utilize brush mattress and encourage new growth.
5	Root wads at toe, low and upper banks. Utilize brush mattress and encourage new growth.
6	Root wad debris, coir wraps and native planting
7	Fill in woody debris. Plant w/natives, use coir wraps, mitigate surface concentrated runoff
8	Toe rock w/ woody debris. Establish rooting plants on the slope.

# Acknowledgement

This Case Study was developed for the Maine Coastal Program/Maine Department of Agriculture, Conservation and Forestry by the Cumberland County Soil and Water Conservation District. This work was supported by the National Oceanic and Atmospheric Administration (NOAA) Coastal Zone Management Cooperative Agreement #NA14NOS4190047 pursuant to the Coastal Zone Management Act of 1972 as amended.

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# Cumberland County Soil & Water Conservation District

# **BUILDING RESILIENCY ALONG MAINE'S BLUFF COASTLINE** Case Study: Mere Point | Brunswick, ME



## **Assessment Overview**

The failure at Mere Point begins at the edge of a field with dimensions of approximately 550' long by 200' wide. The field has been mowed consistently, removing all wood and herbaceous species for many years likely in desire to maintain a scenic view for the surrounding houses. The Mere Point location was experiencing seepage on the face of the failure at the time of the site visit, due to saturated ground conditions. This is coupled with surface runoff that reaches the top of the bluff face.

Five factors influence slope stability of an embankment: 1) shear strength of the soil; 2) unit weight; 3) embankment height; 4) slope steepness; and 5) pore pressure within the soil. Failure generally occurs in two ways.

## **Site Visit Information**

Sit

<b>Evaluation date:</b>	April 28, 2017
Evaluators:	Troy Barry (CCSWCD) and Peter Slovinsky (Maine Geological Survey)
te Characteristics	
<b>Top Perimeter:</b>	200 feet
Toe Length at high tide:	185 feet
Vertical height from high tide:	15 feet
<b>Conditions observed:</b>	The location has a large

mass wasting failure.

<figure>

Figure 1. Mere Point Case Study Location, Brunswick, ME

35 Main Street, Suite 3 | Windham, ME 04062 www.cumberlandswcd.org | 207.892.4700 The first is by physical sliding action of the slope, from a local shallow failure or as a larger toe failure. The second case is by deep-seated shear failure of the soil itself when excess soil pore pressures exist from saturation. The condition of these factors at this location is described in the following paragraphs.

# **Assessment of Soils and Erosion**

Soils exposed by the landslide are predominantly clay in nature. Because clay particles are small and generally have large aspect ratios, interactions between the particles and water can result in reduced shear strength and underground movement and contribute to landslides. The Maine Geological Survey has identified two landslides along this shoreline of Mere Point.



Figure 2. Clay soils visible in bluff failure at Mere Point Case Study location.

Clay soil has low permeability and high water-holding capacity. Because the soil particles are small and close together, it takes water much longer to move through clay soil than it does with other soil types. Clay particles can absorb groundwater, expanding as they do and further slowing the flow of water through the soil. This not only prevents water from penetrating deep into the soil, but also creates saturated soil, increasing its weight. With water filling void spaces, particle cohesion and shear strength are reduced. Saturation combined with an unconfined 60-degree bluff is unstable and is subject to slope failure.

# **Assessment of Drainage Area**

The drainage area that provides overland flow to the top of the failure is approximately 260' by 165' with three concentrated flow paths to the top of the bluff slope. One of these concentrated paths leads to the point of the bluff mass wasting failure (see Figure 2).

# **Assessment of Vegetation**

Three large trees visible at the top of the bluff in the 2007 aerial imagery (Figure 1) and through spring 2016 have slid downslope and maintained upright growth by holding the failure block together during movement. These trees are birch and scotch pine, all of which are growing and appear to be healthy. Reduced vegetation in the upland area has reduced any potential for root structure to assist in binding soil near the bluff-upland interface. Smaller herbaceous bushes have also moved with the failure. Some have continued to grow upright, while others are currently growing at an angle. This is likely due to the shallower root structure of these plantings.

# **Impact of Weather Conditions on Instability**

Maine experienced a summer of drought in 2016. This drought likely resulted in the drying of the clay bluff,



Figure 3. Saturated, clay soils with shallow slope failures.

during which time large soil shrinkage occurred. The fall of 2016 produced substantial wet weather events before transitioning into the soil frost and freeze conditions of winter. Several large winter 2016 snow events produced snow, which was stored on top of the frozen ground and added to the water storage. Spring 2017 brought three events of rain on snow during a period of elevated air temperatures, resulting in rapid runoff.



# Conclusions

It is likely that the drought and weather conditions described previously, combined with active surface runoff, created rapid swell in the clay soil. This combination with little root structure to take up water during the saturation period provided excellent conditions for the bluff to fail as a landslide. It appears that this process has been occurring episodically and likely an evolution of failures has occurred in this cove. Evidence of former slumps can be seen in adjacent slopes where shallow failures are currently occurring.

# **Potential Solutions and Treatments**

- Consider a living shoreline approach, using plantings for stabilization.
- Stabilize the toe and encourage a mud flat with a fringing salt marsh to establish itself.

- Plant additional woody and herbaceous planting throughout the terraces of the failure.
- Establish both woody and herbaceous vegetation in the upland areas of the bluff.
- Consider heavy planting in the concentrated flow path areas with plants that will provide large water absorption in the vadose zone.

To further the success of the plantings, understanding the soil pH will help determine what native plants would be most successful. Clay typically lacks important nutrients such as nitrogen, phosphorous and potassium and can be hard for roots to penetrate. Look at adjacent property that has a successful wood lot to assess what species would thrive on this clay-rich upland.



Figure 4. Plant additional woody and herbaceous planting throughout the terraces of the failure.

# Acknowledgement

This Case Study was developed for the Maine Coastal Program/Maine Department of Agriculture, Conservation and Forestry by the Cumberland County Soil and Water Conservation District. This work was supported by the National Oceanic and Atmospheric Administration (NOAA) Coastal Zone Management Cooperative Agreement #NA14NOS4190047 pursuant to the Coastal Zone Management Act of 1972 as amended.

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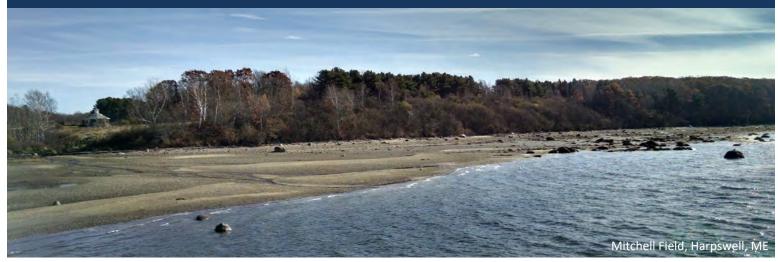






Cumberland County Soil & Water Conservation District

# **BUILDING RESILIENCY ALONG MAINE'S BLUFF COASTLINE** Case Study: Mitchell Field | Harpswell, ME



# **Assessment Overview**

The site has various shoreline failures ranging in size from upper bank shallow failures to toe erosion due to wave scour. Five of these failures were analyzed, as shown on Figure 1. The largest shallow failure is located at study site 3 and is approximately 50 feet long by 20 feet wide.

Five factors influence slope stability of an embankment: 1) shear strength of the soil; 2) unit weight; 3) embankment height; 4) slope steepness; and 5) pore pressure within the soil. Failure generally occurs in two ways. The first is by physical sliding action of the slope, from a local shallow failure or as a larger toe failure. The second case is by shear failure of the soil itself when excess soil pore pressures exist from saturation. The condition of these factors at this location is described in the following paragraphs.

## **Site Visit Information**

November 10, 2016
Damon Yakovleff (CCSWCD), Troy Barry
5
1,485 feet
1,060 feet
49 feet (15 meters)
Multiple top of bank shallow failures and multiple toe erosion sites.

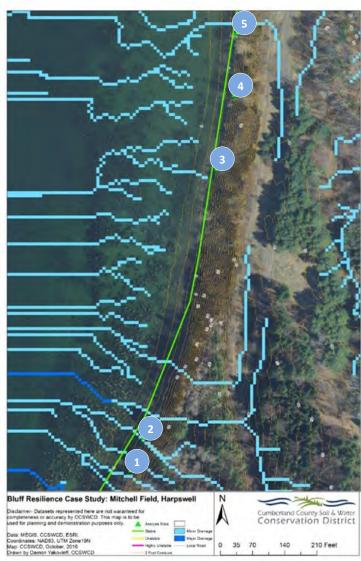


Figure 1. Five Study Sites at Mitchell Field, Harpswell, ME

# **Assessment of Soils and Erosion**

Soils in and around Mitchell Field exposed by the shallow failure appear to be predominantly sandy and gravelly, consistent with the unconsolidated sand/gravel particles common in glacial till. The toe of the bluff is comprised of clay mixed with gravel and sand. The shore beyond the toe of the bluff consists mainly of sand and gravel helping form the beach found here.

All five study sites have erosion occurring at the toe of the slope, ranging from 12-50 feet long and 1.5-5 feet high. Several study sites are currently experiencing surface rills and minor gullying in the face of the failure due to unvegetated ground conditions.



Figure 2. Sandy and gravelly soils at Mitchell Field site.

# **Assessment of Drainage Area**

There appears to be a direct connection with the **upland water interaction** associated with the shallow failure. Although the area is not considered a high landslide risk shoreline by the Maine Geological Survey, the addition of water from rainfall or snow infiltrates and replaces air in the soil pore spaces, adding weight. Infiltrated water reaching the study sites from the drainage areas (see *Table 1*) can change the angle at which the slope is stable, which in this case is a saturated bank with high shear stress (60 degree bank angle). At the time of the site visit, there was no seepage at the toe/lower bank interface, but it is likely seepage would be observed during the wet season.

#### Table 1: Drainage Areas at the Mitchell Field Location

Drainage Area	Acres	Flow Paths
1	1 acre	5 concentrated flow paths, ending at the top of the bluff (near Study Sites 1 and 2)
2	75 acres of decommissioned military facility	1 perennial stream, discharging at the north end of the shoreline (near Study Site 5)

## **Assessment of Vegetation**

The field upland to this location is regularly mowed, and trees and both woody and herbaceous plants are intentionally removed to maintain a walking and viewing area at the top of the bluff. Several smaller trees and herbaceous growth have slid down the slope, creating exposed soil during movement. Most of the remaining vegetation is currently growing at an angle, likely due to the shallower root structure of this vegetation. Lack of vegetation to stabilize slope is exacerbated by the effect of surface runoff reaching the face at the top of the bluff.



Figure 3. Much of the vegetation at the Mitchell Field site is growing at an angle, likely due to the plants' shallow root structure.

# **Factors Contributing to Instability**

Specific factors contributing to instability at this location, and overall instability ratings for the five Study Sites, are included in *Table 2*.

It is likely that some of the toe erosion is being accelerated by perched groundwater seepage. Study sites 1, 2, and 3 have toe scarp heights of three (3) feet or more, placing them technically on the lower bank, further compounding the effect and failure rate occurring during the shrink-swell process.

It is likely that the multiple freeze-thaw events and water runoff in the sand/gravel soil combined with lowabsorption root structure provided excellent conditions for the bluff to fail as a shallow failure.

STUDY SITE	UPPER BANK	LOWER BANK	TOE	STORM FLOW
1 Coordinates: 70°	1' 4.037" W, 43° 46' 25.846"	N	and the second second	
Length: 12'-15' Area: 0.38 Acres C-Value: 0.30	Terrace	Blue Marine Clay 80° Bare Consolidated	Blue Marine Clay Mixed with Gravel 80° Unconsolidated	2-yr: 0.00 cfs 5-yr: 0.00 cfs 25-yr: 0.01 cfs 50-yr: 0.04 cfs
Rating:	Good (1)	Fair/Poor (2.5)	Very Poor (3.5)	Total Rating: 7
2 Coordinates: 70°	1' 3.659" W, 43° 46' 26.548"	N		and an and the second second
Length: 48' Area: 3.27 acres C-Value: 0.30	Terrace @ 15-20' Vegetated	Grassed 60° 15-20' Unconsolidated	Blue Marine Clay 70-80° 5' exposed	2-yr: 0.01 cfs 5-yr: 0.05 cfs 25-yr: 0.62 cfs 50-yr: 1.31 cfs
Rating:	Good (1)	Fair/Poor (2.5)	Poor (3)	Total Rating: 6.5
3 Coordinates: 70°	1' 1.595" W, 43° 46' 32.343"	N		
Length: (Not measured) Area: 0.58 acres C-Value: 0.30	Terrace 70°-80° Ridge Slope: ~40 degrees	Veg. Grass, trees, brush 70°	Marine Clay 90° 5' exposed Linear Failure	2-yr: 0.01 cfs 5-yr: 0.03 cfs 25-yr: 0.23 cfs 50-yr: 0.42 cfs
Rating:	Poor (1)	Good/Fair (1.5)	Poor (3)	Total Rating: 5.5
4 Coordinates: 70°	1' 1.110" W, 43° 46' 33.935"	N		and the second second
Length: 51' Area: 0.0 acres C-Value: 0.30 Slump 3'-12' up	Exposed Failure 80°-90° Top Drainage?	Grassed/Trees Brush 70°-80° Rills, Mass Failure	Clay 80° Rills Mass Failure	2-yr: 0.00 cfs 5-yr: 0.01 cfs 25-yr: 0.04 cfs 50-yr: 0.07 cfs
Rating:	Good/Fair (1.5)	Poor (3)	Very Poor (3.5)	Total Rating: 9
5 Coordinates: 70°	1' 1.031" W, 43° 46' 35.274"	N		
Length: (Not measured) Area: 0.4 acres C-Value: 0.30 Linear	Ridge Slope: ~20 degrees	Grassed-Trees 80°-70°	90° 3' exposed	2-yr: 0.00 cfs 5-yr: 0.02 cfs 25-yr: 0.17 cfs 50-yr: 0.30 cfs
Rating:	Good (1)	Fair/Poor (2.5)	Poor (3)	Total Rating: 7.5

#### Table 2: Instability Rating and Upland Runoff of Each Study Site at the Mitchell Field Location

# Conclusions

The sand/gravel soil at this site contributes to the instability of steep slopes. Most in-place soils are stable at a 1:1 slope ratio (horizontal:vertical), but when soil is subjected to additional weight, such as the surface water reaching the top of the bluff, that saturated soil can no longer support the load.

Soils and slopes like those in this location require healthy and deep-rooted vegetation to provide soil strength, in turn reducing erosion risk. Removal of vegetation in the upland area (and associated reduced transpiration) has reduced any potential for root structure to assist in binding soil near the bluff-upland interface. Areas that have already lost vegetation are rapidly eroded by runoff in the form of rills, and areas still vegetated can also see rapid erosive changes. Mowing and intentional removal of vegetation contributes to this erosion.

# **Potential Solutions and Treatments**

- Consider a living shoreline approach along the toe, using plantings for stabilization.
- Stabilize the toe with wood to encourage the beach to remain in place.
- Plant additional woody and herbaceous vegetation throughout the face of the shallow failure.
- Establish both woody and herbaceous vegetation in the upland area beyond the top of the bluff.
- Consider heavy planting in the concentrated flow path areas. Use plants that will provide large water absorption in the vadose zone.
- Determine the soil pH to identify native plants that would be most successful.

#### Table 3: Potential Treatment Concepts for the Mitchell Field Location

Site	Treatment Concept
1	Stabilize toe and lower bank. Mitigate surf runup.
2	Stabilize toe and lower bank. Mitigate surf runup.
3	Stabilize upper slope with vegetation. Investigate hydrology runoff pattern in upland.
4	Stabilize toe and lower bank. Mitigate surf runup.
5	Stabilize toe and lower bank. Establish vegetation in lower bank.



# Acknowledgement

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For more information about the Maine Coastal Program, visit <u>www.mainecoastalprogram.org</u> or contact 207-287-2351.









# Planting for Slope Stabilization on Maine's Coastal Bluffs

Coastal Bluffs—defined as "a steep shoreline slope formed in sediment (loose material such as clay, sand, and gravel) that has three feet or more of vertical elevation just above the high tide line" (Maine Geological Survey)—make up about 38% of Maine's coastline. Unstable bluffs can erode slowly or suddenly collapse, forming landslides. Some amount of bluff erosion is expected, and is beneficial to replenishment of beaches and other shoreline areas. However, because of significant risks to life and property, landowners and shoreline managers may wish to temper the speed of bluff erosion and reduce the risk of sudden collapse.

The stability of a coastal bluff is influenced by interactions with both the land and sea. This guide includes information for one of the most critical factors affecting bluff erosion rates and overall stability: vegetation. When selecting plant varieties for slope stabilization, there are many factors to be considered, including salt tolerance, soil depth, and water availability. This guide recommends native Maine plants that can be used to stabilize coastal shorelines and that have been determined to be suitable for restoration that uses a living, natural shoreline instead of armoring (such as with rip rap). Plant species are organized by whether they are classified as woody or herbaceous and whether they are recommended for shallow soil (<18") or deep soil (>18").

Not all bluff shorelines are suitable for living shorelines. Prior to planting a living shoreline, see the Suitability Table (**Table 1**), to determine if your site is suitable. If a shoreline is not a suitable option for stabilization, alternatives to traditional hard armoring should be considered. For example woody debris can be placed on or anchored to shorelines. In some cases "root wads" (also known as toe wood), as shown in **Figure 1**, may be used as an alternative. Woody structures can help protect and armor exposed soil, particularly in areas that receive large waves, by absorbing the wave energy.



**Figure 1.** Root wads inserted into unstable banks can help protect bare soil from erosion, from a project in coastal Oregon. In areas not suitable for living shorelines, root wads can be an effective alternative providing stabilization and habitat.

Image source: BioEngineering Associates, http://bioengineers.com/seaside/

11.2017



#### **Slope Stabilization**

Planting a mixture of woody and herbaceous plants will provide the best possible stabilization for slopes, because they have different root structures. Herbaceous plants primarily have many fine roots that grow near the surface to hold soil together. Woody plants have some fine roots that spread along the surface but also have larger roots that grow deeper in the ground, anchoring both the plant and the soil. Using a mixture of herbaceous and woody plants reduces erosion of the top layer of soil and secures soil to the slope, which decreases the potential for shallow slope failures. Slopes greater than approximately 18° may not be suitable for a living shoreline (using plantings for stabilization). Instead, root wads or armoring (such as rip-rap, gabion baskets, or other engineered structures) may be needed, depending on site conditions.

### Soil Depth

Soil depth is the measure of the amount of topsoil down to a substrate where plants will not grow. Poor substrate includes bedrock, clay, or coarse nutrient-poor soils. Soil depth will limit the variety of woody plants that can be used. since many have long tap roots that require more than 18 inches of soil. Some species are able to grow into bedrock, which can enhance slope stability temporarily. Over time the roots may cause cracks and contribute to slope failure. This guide separates woody and herbaceous plants into a) those recommended for shallow soils and b) those recommended only for deep soils. The combination of a steep slope and shallow soil may increase the possibility that trees will fall.

#### Salt Tolerance

For plantings on coastal shorelines, it is important to consider the environmental and physical stresses these plants may experience because of their proximity to the ocean. It is important to consider the effect of wave heights and "splash-over" on the site. This guide includes plants with varying degrees of salt tolerance, as follows:

- Low Tolerance can survive occasional salt spray directly on the leaves or in the surrounding soils
- Medium Tolerance can survive occasional soil saturation of salt water or frequent salt spray
- High Tolerance can survive frequent or constant soil saturation and salt spray

#### Recommended Placement on Bank

Plants should be placed in different zones (toe, lower bank, or upper bank) on the shoreline, depending on their water needs and salt tolerance. As shown in **Figure 2**, the toe zone falls between the mean low water line and the extent of the highest annual tide, known as the intertidal zone. The lower bank rises from the line of highest annual tide to a point roughly midway between top of the bank and the bottom where it transitions to the upper bank.

Plants that prefer wet soils and have a high salt tolerance should be placed on the toe of the bank. The toe is the closest zone to the waterbody and typically has soils that are saturated with fresh or salt water. Plants that prefer moist soils should be placed in the lower bank zone, where soils are typically damp but not completely saturated. Plants that prefer dry soils should be placed in the upper bank zone, where soils are less likely to be saturated by the



adjacent water body. When placing plants in the lower bank, be mindful of the areas that may receive salt spray under storm conditions.

Recommendations in low wave size areas assume that the upper bank will receive highly infrequent salt spray and no salt water saturation. Plants do not need to be salt tolerant but do need to prefer dry soil. The lower bank assumes infrequent salt spray and no salt water saturation. Plants do not need to be salt tolerant. The toe assumes frequent salt spray or salt water saturation. Plants need to have a high to medium salt tolerance.

When choosing plants, be mindful of how frequently the lower bank zone receives saltwater spray as you may need to select plants that are salt tolerant.

**Table 1. Suitability Table -** This table help to determine whether a living shoreline (a shoreline that is stabilized by vegetation) is an option for your site. Links to geographic information using Google Earth are provided as necessary.

Factor		Criteria	Scoring	My Site
Annualized Weighted Fetch*		Very Low (<=0.5 mile)	8	
How far are waves traveling l	before they break?	Low (>0.5 and <=1 mile)	6	_
Estimate the distance over op your coastline and the nearest		Med (1-3 miles)	2	_
Contact Maine Geological	Survey for this	High (3-5 miles)	1	
information (see bo	x below).	Very High (>5 miles)	0	
Nearshore Sl How deep is the	•	Shallow: Less than 3 feet deep at 100 feet out from the High Tide line	6	
How quickly does it <u>a</u> <u>http://www.charts.</u>		Deep: More than 3 feet deep at 100 feet out from the High Tide line	0	
Landward shoreli	ine type	Wetlands, swamps, marshes	6	
From the mean high water I		Beaches, Scarps, and Banks	5	
land look like where you planting?	-	Protected from wind; armored with rip-rap	3	
Note: A scarp is a shar	b bank or cliff	Exposed shores armored with rip-rap	1	
		Marsh	6	_
Seaward shoreli	ne type	Beach	5	_
From the mean high water I	ine: what does the	Low speed channel	3	_
land look like where it m	eets the water?	High speed channel	1	_
		Rocky ledge or man-made features	0	
		South, Southeast, or southwest	6	
Sunlight		East or west	4	
Which direction does y	our site face?	Northeast or northwest	2	
		North	0	
		0-3%	6	
Upland slop		4-9%	5	
How steep is the bank clos http://www.maine.gov/me		10-15%	4	
wms/medem2_sl		16-30%	2	_
		>30%	1	
Relief		0-5 feet	6	_
What is the average elevat from the wat	•	5-10 feet	5	_
http://www.maine.gov/me		10-20 feet	3	_
wms/medem2.kml		20+ feet	1	
Table 2. Suitability Scoring Key, Total Points				
For help determining the	Highly Unsuitable	e 3-7	Total	
Annualized Weighted	Unsuitable	8-14		
<b>Fetch,</b> contact Maine Geological Survey:	Possibly Suitable	15-21		
(207) 287-2801 or	Suitable	22-29		
mgs@maine.gov	Highly Suitable	30-44		

<b>Annualized Weighted</b> <b>Fetch,</b> contact Maine Geological Survey: (207) 287-2801 or
Geological Survey:
(207) 287-2801 or
mgs@maine.gov

#### Revised: 11/27/2017

#### **Adjusting Placement for Wave Size**

Some coastal shore plantings will be impacted by wave energy, water, and salt exposure. The typical wave size for your planting location may affect how close to the water plants can survive. The area that constitutes the toe, or base, of the bank may not be able to support plant life if there are tall waves frequently crashing against it. In this case, it is the use of root wads is recommended to absorb the impact of the waves and guard the soil on the bank against erosion. (Note: installation of root wads requires state and local permits.) This guide recommends adjusting the plant

#### **Detailed Shoreline Types:**

**farsh** - Includes fresh/brackish marsh or water, fluvial marsh, salt pannes/ponds, low and high salt marsh, mud flats, eelgrass lat, seaweed community, mussel bars

Beach - Includes sand beach, gravel beach, mixed sand and gravel beach, boulder beach, boulder ramp, low energy beach, spit, ashover fan, swash bars, dunes and beach ridges, upper shoreface, coarse-grained flats

Low Speed Channel - Includes tidal fluvial channel, abandoned channel, estuarine channel, low velocity channel

High Speed Channel - Influenced by tide, weather, or dredging

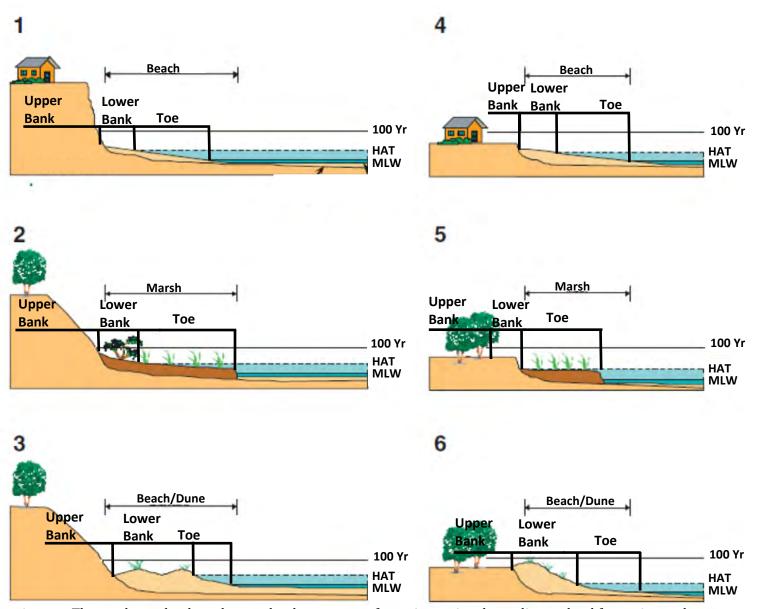


Figure 2. The toe, lower bank, and upper bank zones vary from site to site, depending on land formation and habitats. The toe is always found closest to the water and falls between the mean low water (MLW) line and the highest average tide (HAT) line. The bottom of the lower bank is always at the HAT line. Image adapted from: Hardaway and Byrne, 1999.

#### placement in consideration of high predicted wave size. High wave size (>2 feet over the mean high water line) will increase the amount of the bank that receives salt spray.

Recommendations in high wave size areas assume that the upper bank will receive occasional salt spray. Plants should have at least some tolerance for salt exposure. The lower bank will receive frequent salt spray and occasional soil saturation. Plants should have at least a medium tolerance for salt. Given high wave sizes, planting on the toe is not recommended, and root wads should be used, if possible. Plants with no or unknown salt tolerance are not recommended for shorelines with high wave sizes.

#### Resiliency

Coastal plants experience extreme conditions and must be resilient to changing water and weather conditions. For coastal shoreline plants on the toe and lower bank, it is important to select for resilience. Being adjacent to fresh water means water table may rise and drop throughout a season. Plants in these zones must be able to adapt to having either saturated soils or drought for stretches of time. This guide indicates which plants are more resilient to these varying extreme conditions.

#### **Tolerance of Wet Conditions**

Water discharged from soil along bedrock may contribute to poor coastal slope stability. For shoreline areas that experience inputs of freshwater, either from streams, wetlands, or stormwater runoff, it is best to select plants that are indicated tolerant of wetland conditions. Using wetland vegetation in areas that receive freshwater can help control the amount of water draining through the soil. Plants indicated to be wetland tolerant in this guide may be placed in wet areas including areas that accumulate stormwater and wetlands. Species will vary based on salt tolerance.



Using wetland plants in areas that receive freshwater from streams, wetlands, or runoff can help reduce slumping caused by saturated soils

# Herbaceous Grasses

These plants are best for planting in marshes, dunes, beaches, or other shoreline areas.

Plant Spe	ecies	Recommended Location o Bank							
Common Name	Scientific Name	Sa	lt To	leran	ce	Low Pre	edicted Wav	ve Size	
		High Med Low None L		Upper Bank	Lower Bank	Тое			
American Beach Grass	Ammophila breviligulata	х					x	x	
Big Blue Stem	Andropogon gerardii		x				x		
Bulrushes	Scirpus sp.		x				x		
Canada Reed Grass/ Bluejoint	Calamagrostis canadensis				x		x		
Foxtail Barley	Hordeum jubatum		x			х	x	х	
Green Saltgrass	Distichlis spicata	x						x	
Saltmeadow Cordgrass	Spartina patens	x						x	
Saltmeadow Rush	Juncus gerardii	x						х	
Smooth Cordgrass	Spartina alterniflora	x						х	
Sweetgrass / Vanilla Swamp Grass	Hierochloe odorata		х				x	х	
Switchgrass / Panic Grass	Panicum virgatum		х				x	х	

	k (continu								
High Pre	edicted Wa	ave Size	Resil	iency	Sun	Requirem	ents	Wetland	Tolerant
Upper Bank	Lower Bank	Not Rec'd	Yes	No	Sun	Part Sun	Shade	Yes	No
	X		x		х				х
	x		x		X	X			x
	x							x	
		x			x			x	
x	x				х				x
		x	x		x			х	
		x		х	X			x	
		x						x	
		x		х	х			х	
	х		х		х				х
	х		x		x	х			х



# Herbaceous Low Perennials

These plants are best for planting in shallow soils on steep slopes. \* Indicates additional details and photo included

Plant	Species							ended Loca n Bank	tion
Common Name	Scientific Name		Sa	t Tol	eranc	e	Low Predi	cted Wave	Size
		High	Med	Low	None	Unknown	Upper Bank	Lower Bank	Тое
Barren Strawberry*	Waldsteinia fragarioides	х						x	
Beach Pea / Sea Pea / Sea Vetchling	Lathyrus japonicus		х					х	x
Bellflower	Campanula rotundifolia					X	x		
Black-eyed Susan*	Rudbeckia laciniata		x				x	Х	
Blood-root*	Sanguinaria canadensis					X	x		
Blue Cohosh	Caulophyllum thalictroides				х		x	x	
Boneset* (Throughwort)	Eupatorium perfoliatum		x					x	х
Bunchberry / Canada Dwarf Dogwood	Chamaeperclymenum canadensis				x		X	X	
Cardinal Flower*	Lobelia cardinalis				х		x	x	
Red / Wild Columbine*	Aquilegia canadensis	x						X	
Common Yarrow*	Achillea millefolium			X			x	x	
Coneflower*	Echinacea angustifolia			x			x	x	
Evening Primrose	Oenothera biennis				x		x	x	
Fleabane	Erigeron sp.					x	x		
Foamflower*	Tiarella cordifolia				x			x	Х
Helen's Flower*	Helenium autumnale & flexuosum			Х				х	
Indian Cucumber-root	Medeola virginiana					х	x	x	
Blue Flag Iris*	Iris versicolor				х			Х	
Jack-in-the-Pulpit*	Arisaema triphyllum			Х			X	Х	
Jewelweed	Impatiens capensis				х			x	
Lupine*	Lupinus perennis		x				x	x	
Marsh Marigold*	Caltha palustris		Х					Х	

	ended Loc nk (continu								
High Pro	edicted Wa	ave Size	Resil	iency	Sun	Requirem	ents	Wetland	Tolerant
Upper Bank	Lower Bank	Not Rec'd	Yes	No	Sun	Part Sun	Shade	Yes	No
	х				х	x	x		Х
	x		X		х	x		X	X
		х			х	x			х
x				х	х	x			х
		X				x	X	X	
		x		x		x	X	х	
	х		X		x	x		Х	
		X		х			X	X	
		X			x	x		X	
	x		x		х	x			Х
x			x		х				х
x				x	x				Х
		x	X		x	x		x	
		x			х	x			Х
		x				x	X	X	
		x		X	x			х	
		x				х	x		х
		x		х	х	х		х	
x				х		x	x	х	
		x		х				х	
x	х				x	X			х
	x			X	х	x		Х	

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# Herbaceous Low Perennials (continued)

Plar	nt Species							ommend tion on B	
Common Name	Scientific Name		Sa	lt To	leran	ce		redicted Size	
		High	Med	Low	None	Unknown	Upper Bank	Lower Bank	Тое
Milkweed*	Asclepias incarnata & A. syriaca				x		x	x	
New England Aster*	Symphyotrichum novae-angliae		x					х	
Obedient Plant	Physostegia virginiana		x					х	X
Pearly Everlasting	Anaphalis margaritacea				x		x	x	
Sea Lavender	Limonium carolinianum	х						x	X
Seaside Goldenrod	Solidago sempervirens	х						x	
Silverweed	Argentina anserina			x			х		-
Solomon's Seal*	Polygonatum pubescens					х		x	
Spikenard*	Aralia racemosa					х	x	x	
Spotted Joe-Pye Weed*	Eupatorium maculatum		x					x	
Sweet Fern*	Comptonia peregrina		х				х	x	
Sweet Flag	Acorus americanus				x			x	
Tall Meadow Rue	Thalictrum pubescens					х		x	
Thin-leaved Sunflower	Helianthus decapetalus				х			x	
Trout-Lily	Erythronium americanum					х		х	
Turtlehead*	Chelone glabra				х			х	
Violet*	Viola sp.					х		х	
Virgin's Bower*	Clematis virginiana				х			х	
White Baneberry	Actaea pachypoda			x			х	х	
Wild-Oats	Uvularia sessilifolia					х		х	
Wintergreen*	Gaultheria procumbens				х			х	
Yellow Bluebead-lily	Clintonia borealis				х		Х	х	

Recomn on Bai	nended I nk (conti								
High Pre	dicted W	/ave Size	Resil	iency	Sun	Requirem	ents	Wetland	Tolerant
Upper Bank	Lower Bank	Not Rec'd	Yes	No	Sun	Part Sun	Shade	Yes	No
		X		x	x			X	
	x				х	x		x	
	x				x	x		x	
		x	X		х				x
	х			x		x		x	
	х			x	х			х	
x				x	х			Х	
		x				x	X		x
		x				x	X		x
	х				x	x			x
x	x		X		x	x			x
		x		x	x	x		X	
		x			x	x		x	
		x			х				x
		x				x	X		x
		x			x	x		Х	
		х			x	X		x	
		х		х	х	Х		x	
х						Х	Х		x
		х				х	х	x	
		х	х			х	х		x
		x		x		х	X	x	

# Herbaceous Ferns

These plants are best for planting in shallow soils on steep slopes. \* Indicates additional details and photo included

Plan	t Species	_						iended Loca on Bank	ation	
Common Name	Scientific Name	Salt Tolerance				се	Low Predicted Wave Size			
		High	Med L	.ow	None	Unknown	Upper Bank	Lower Bank	Тое	
Bracken Fern	Pteridium aquilinum					х	Х	x		
Christmas Fern*	Polystichum acrostichoides					x		x		
Cinnamon Fern*	Osmunda cinnamomea			x			X	x		
Hay-scented Fern*	Dennstaedtia punctilobula					x	X	x		
Interrupted Fern*	Osmunda claytoniana				X			x		
Lady Fern*	Athyrium filix-femina				x		X	x		
Long Beech Fern	Phegopteris connectilis					x		x		
Maidenhair Fern*	Adiantum pedatum				x			x		
Marginal Wood Fern*	Dryopteris marginalis				x		X	x		
Ostrich Fern*	Matteuccia struthiopteris					x		x		
Royal Fern*	Osmunda regalis				X			x		
Sensitive Fern	Onoclea sensibilis			x				x		
Spinulose Wood Fern	Dryopteris carthusiana					х	х	x		

	ended Loc k (continu								
High Pre	edicted Wa	ave Size	Resil	iency	Sun	Requirem	Wetland Tolerant		
Upper Bank	Lower Bank	Not Rec'd	Yes	No	Sun	Part Sun Shade		Yes	No
		x		X					x
		x				x	X		x
x			x		X	x	x		x
		x				x	Х		x
		x		X		x	Х	x	
		х		x		х	X	х	
		х				х	X		x
		х		x		x	x		x
		х			х	х			х
		х				х	x	x	
		х		x	х	Х	x	х	
		х		X	x	X	x	x	
		x				х	X	x	



# Woody Low Shrubs

These plants are best for planting in shallow soils on steep slopes. \* Indicates additional details and photo included

Plant S	pecies							ommend tion on B	
Common Name	Scientific Name		Sal	t Tol	eranc	e	Low Pi	redicted V Size	Wave
		High	Med	Low	None	Unknown	Upper Bank	Lower Bank	Тое
American Fly Honeysuckle	Lonicera canadensis				х		x		
Bearberry*	Arctostaphylos uva-ursi	x					X		
Bog Rosemary*	Andromeda polifolia			х				x	
Bush Cinquefoil	Potentilla fruticosa	x					x	x	x
Cranberry*	Vaccinium macrocarpon					х		х	х
Creeping Juniper*	Juniperus horizontalis		x				х	х	
Fox Grape	Vitis labrusca					x		х	
Huckleberry	Gaylussacia baccata				х		x	х	
Labrador Tea*	Ledum groenlandicum			x				х	
Leatherwood	Dirca palustris					x		х	
Meadowsweet*	Spiraea alba		х					х	х
Partridgeberry	Mitchella repens					х		х	
Pasture Rose	Rosa carolina	х					x	х	
Rhodora*	Rhododendron canadense				х			х	
Running Serviceberry	Amelanchier spicata					х		х	
Sheep Laurel*	Kalmia angustifolia		x				х	х	
St. Johnswort	Hypericum perforatum				х		x	x	
Virginia Creeper*	Parthenocissus quinquefolia		x				x	x	х
Virginia Rose	Rosa viginiana	х					x	x	x

	ended Loca k (continue									
High Pre	edicted Wa	ve Size	Resil	iency	Sun	Requirem	ents	Wetland Tolerance		
Upper Bank	Lower Bank	Not Rec'd	Yes	No	Sun	Part Sun	Shade	Yes	No	
		х		х	x	X			Х	
x			X		x	X			X	
		x			х	x		x		
x	X				x	X			Х	
		x			х			x		
x	X		X		х				х	
		x			Х				Х	
		x	x			x			X	
		x		Х		x			Х	
		x					x			
	X				х	X		х		
		x					x		Х	
x	X		x		х	x			х	
		x		х	х			x		
		х			х	X			х	
x	X				х	x		х		
		x	X		x	x			х	
x	X		x		x	X	x	x		
x	Х		x		x	x		x		

Woody Medium Shrubs These plants are best for planting in shallow soils on gradual slopes \* Indicates additional details and photo included

Plant Sp	pecies							nended Loo on Bank	cation
Common Name	Scientific Name		Sal	t Tol	eran	ce	Low Pre	dicted Wav	/e Size
		High	Med	Low	None	Unknown	Upper Bank	Lower Bank	Тое
Am. Cranberry Viburnum	Viburnum trilobum				X			x	
American Yew*	Taxus canadensis			x				X	
Beach Plum*	Prunus maritima	х					x	X	
Bush Honeysuckle*	Diervilla lonicera				x		x		
Common Elderberry	Sambucus canadensis			х				x	
Flowering Raspberry*	Rubus odoratus				x			x	
Highbush Blueberry*	Vaccinium corymbosum	x						x	
Hobblebush	Viburnum alnifolium				x			x	
Lingonberry	Vaccinium vitis-idaea			x			x	X	
Mapleleaf Viburnum*	Viburnum acerifolium				x		x	X	
Northern Bayberry*	Myrica pensylvanica		х				x	X	
Red Chokeberry *	Aronia arbutifolia	х						x	
Silky Dogwood	Cornus amomum			x				x	
Smooth Sumac	Rhus glabra		х					x	
Smooth Witherod	Viburnum nudum					x		х	
Swamp Rose	Rosa palustris			x				х	
Sweet Gale (Bayberry)	Myrica gale				х			х	
Sweet Pepperbush *	Clethra alnifolia	х						х	
Witch Hazel	Hamamelis virginiana				х			х	

	Recommended Location on Bank (continued)											
High Pre	dicted Wa	ive Size	Resil	iency	Sun	Requirem	Wetland Tolerance					
Upper Bank	Lower Bank	Not Rec'd	Yes	No	Sun	Part Sun	Shade	Yes	No			
		х		x	х	x		х				
		x		x		x	x		x			
x	x		x		x	х			х			
		x	X		x	x	x		x			
		x	x		x	x		x				
		x		х	x	X	x					
	x		x		x	X		х				
		x	x		x	x	x		x			
x				X	x	x	X	x				
		x	X		x	x			x			
x	X		X			x		x				
	X				x	x		х				
		x	х		х	x		x				
	x		x		x				x			
		x			x	Х		x				
		x	x		х	х		x				
		x	x		x	Х		х				
	x				x	Х		х				
		x		x	x	X		х				

Woody Tall Shrubs These plants are best for planting in shallow soils on gradual slopes \* Indicates additional details and photo included

Plant S						Recomm	nended L on Bank	ocation		
Common Name	Scientific Name		Salt	. Toler	ance		Low Pre	Low Predicted Wave Size		
		High	Med	Low	None	Unknown	Upper Bank	Lower Bank	Тое	
Arrowwood*	Viburnum dentatum	x						x		
Beaked Hazelnut	Corylus cornuta				x		x			
Black Chokeberry*	Aronia melanocarpa			х			x	X		
Buttonbush*	Cephalanthus occidentalis		х					x	x	
Common Juniper*	Juniperus communis	x					x	X		
Gray Dogwood*	Cornus racemosa		X				x	X	x	
Hazelnut*	Corylus americana				x		x			
Nannyberry*	Viburnum lentago				х		x	X		
Red-osier Dogwood*	Cornus alba				x			x	X	
Smooth Alder	Alnus serrulata				x			x	x	
Snowball Bush	Viburnum opulus			х				x		
Spirea	Spirea sp.					x	x	x	x	
Staghorn Sumac*	Rhus typhina					x	x			
Winged Sumac	Rhus copallina				x		x			
Winterberry*	llex verticillata			х				x		
Witherod Viburnum*	Viburnum cassinoides				x			x		

	Recommended Location on Bank (continued)												
High Pre	dicted Wa	ve Size	Resil	iency	Sun	Requirem	Wetland	Tolerance					
Upper Bank	Lower Bank	Not Rec'd	Yes	No	Sun	Part Sun	Shade	Yes	No				
	x				x	x		x					
		x		х	x	x			x				
x					x	x		X					
	X		x		x			X					
x	Х		x		х				х				
x	X		X		x	X	x	X					
		x		x	x	X			x				
		х	X		X	X	x	X					
		х	x		x	x		x					
		х	x		X			х					
		х	x		X	X		х					
x					x			х					
x			x		x				х				
		х	х		x	х			х				
		х		х	x	х		х					
		х		x	x	х			х				

# Woody Small Trees

These plants are best for planting in deep soils on gradual slopes. \* Indicates additional details and photo included

Plant S	pecies	Recommended Location on Bank							ation
Common Name	Scientific Name		Sal	t Tole	rance	e	Low Predicted Wave Size		
		High	Med	Low	None	Unknown	Upper Bank	Lower Bank	Тое
American Hornbeam*	Carpinus caroliniana				X		x	x	
American Mountain Ash	Sorbus americana				х			x	
Blackhaw*	Viburnum prunifolium				x		X	x	
Canada Plum	Prunus nigra				x			x	
Chokecherry*	Prunus virginiana	х						Х	
Cockspur Hawthorn*	Crataegus crus-galli	x						X	
Common Witchhazel*	Hamamelis virginiana				x			X	
Eastern Red Cedar	Juniperus virginiana	X						х	
Ironwood	Ostrya virginiana				х			х	
Mountain Maple	Acer spicatum				x			х	
Northern Arrowwood	Viburnum recognitum					x		X	
Pagoda Dogwood*	Cornus alternifolia				x			x	
Pussy Willow*	Salix discolor		х					х	
Sassafras*	Sassafras albidum		х					х	
Scarlet Elder	Sambucus racemosa				х			х	
Serviceberry	Amelanchier sp		x				x	х	
Shadblow Serviceberry*	Amelanchier canadensis	х						х	
Speckled Alder	Alnus incana		х					х	
Striped Maple*	Acer pensylvanicum		х					х	

Recommended Location on Bank (continued)											
High Predicted Wa	ave Size	Resil	iency	Sun	Requirem	Wetland Tolerance					
Upper Bank Lower Bank	Not Rec'd	Yes	No	Sun	Part Sun	Shade	Yes	No			
	X		x		x	X	x				
	x		x	Х	x		x				
	x		x		x			x			
	x		x	Х	X	x		x			
x		X		х	x			х			
x			x	х	x		x				
	х		x	Х	X	X	x				
×		X		X				x			
	x		x		x			x			
	x		X	X	X			x			
	x			X	X		x				
	x		x	X	X	X		x			
×		x		x			x				
x			x	x	X			х			
	x		х	х				x			
x x			х	х	X		x				
x		x			х		x				
x		х		х	Х	x	x				
×			x		x	x		х			

# Woody Tall Trees

These plants are best for planting in deep soils on gradual slopes \* Indicates additional details and photo included

Plant S	Species	Recommended Locati on Bank							ation
Common Name	Scientific Name		Sa	lt Tol	eranco	e	Low Predicted Wave Siz		
		High	Med	Low	None	Unknown	Upper Bank	Lower Bank	Тое
American beech	Fagus grandifolia			x				x	
Balsam Fir*	Abies balsamea		x					x	
Basswood (Linden)	Tilia americana				X			x	
Bigtooth Aspen	Populus grandidentata		x					x	
Black Cherry	Prunus serotina		x					x	
Black Spruce	Picea mariana				Х			x	
Black Willow	Salix nigra		x					x	
Blackgum	Nyssa sylvatica	х						x	
Eastern White Pine*	Pinus strobus			x			x	x	
Gray Birch	Betula populifolia	x						x	
Green Ash*	Fraxinus pennsylvanica			x				x	
Hemlock*	Tsuga canadensis				Х		x	x	
Jack Pine	Pinus banksiana			x			x		
Larch*	Larix laricina		x					x	
Mountain Ash	Sorbus alnifolia					x	х		
Northern Red Oak	Quercus rubra		x				x	x	
Paper Birch	Betula papyrifera		x				x	x	
Pin Cherry	Prunus pensylvanica				х			x	
Quaking Aspen	Populus tremuloides		х					x	
Red Maple	Acer rubrum		x					x	
Red Pine*	Pinus resinosa				x		х	X	

Recommended Location on
Bank (continued)

High Pre	dicted Way	ve Size	Resili	iency	Sun	Requirem	ents	Wetland Tolerance		
Upper Bank	Lower Bank	Not Rec'd	Yes	No	Sun	Part Sun	Shade	Yes	No	
		x	x		x	X			х	
	x			X	x	X		x		
		x		X	x	X			x	
	x			X	x				x	
	x			X	x				X	
		x		X	x			x		
	x		x		x			x		
	x			X	x	x		x		
x				X	x	X	X		x	
	x			x	x			x		
		х	x		x	X		X		
		х		X	x				x	
x				X	x				x	
	x			X	x			x		
		х			x				x	
X	x			X	x				x	
X	x			x	x				x	
		х		x	x				x	
	X			x	x				х	
	X		x		x	x		x		
		x		X	x				X	

# Woody Tall Trees (continued)

These plants are best for planting in deep soils on gradual slopes \* Indicates additional details and photo included

Plant	Species	Recommended Location on Bank							ation
Common Name	Scientific Name		Sa	lt Tol	erance	9	Low Pred	dicted Wave	e Size
		High	Med	Low	None	Unknown	Upper Bank	Lower Bank	Тое
Silver Maple	Acer saccharinum			х				x	
Sugar Maple*	Acer saccharum			x				x	
Swamp White Oak*	Quercus bicolor				х			x	
White Ash	Fraxinus americana	х						x	
White Cedar*	Thuja occidentalis		x					x	
White Oak	Quercus alba		x					x	
White Spruce	Picea glauca	х					x	x	
Yellow Birch*	Betula alleghaniensis	x						x	

	ended Loca k (continue								
High Pre	High Predicted Wave Size		Resiliency		Sun	Requirem	Wetland Tolerance		
Upper Bank	Lower Bank	Not Rec'd	Yes	No	Sun	Part Sun	Shade	Yes	No
		x	x		x			x	
		х		х	х				х
		х	х		х			х	
	x			х	х	х		х	
	x		х		х	х		х	
	x			х	х				х
x	x			x	x				х
	x		x			x	x	x	



## **Herbaceous** Perennials

These plants are best for planting in shallow soils on steep slopes

Appalachian Barren Strawberry (Waldsteinia fragarioides) Grows from 3 to 8 inches high with a <sup>1</sup>/<sub>2</sub> to 1 foot spread. A low, mat-forming, strawberry-like plant with evergreen, basal leaves and several yellow flowers on a leafless stalk. Fruit is not fleshy or edible. Sun to shade. Prefers medium wet, well- drained, organic, slightly acidic soil, but tolerates a wide range. Flowers from April to June. Salt tolerant. Zones 3-9.  $\bigcirc \bigcirc \bigcirc \diamondsuit \equiv$ 

Black-eved Susan (Rudbeckia laciniata) Grows from 2 to 3 feet high with a spread of 1 to 2 feet and minimum root depth of 10 inches. Leaves are rough, hairy, and lance shaped. Flowers are yellow to orange-yellow with a dark brown center. Full sun to part shade. Prefers dry to medium wet, well-drained soil but is tolerant of heat, drought and a wide range of soils. Low maintenance. Zones 3-9.  $\bigcirc \bigcirc \blacklozenge =$ 

Bloodroot (Sanguinaria candensis) Grows from 6 to 12 inches high and is usually found in colonies. Part sun to shade. Leaves and root contain an orange/red juice that is poisonous. Flowers in early spring. Grows best in part sun to shade and leaf litter. Zones 3-8 🔾 🗨 🌢

Blue Flag Iris (Iris versicolor) Grows from 1 to 3 feet high with a spread of 6 to 12 feet with a minimum root depth of 6 inches. Leaves are sword-shaped and can be up to 3 feet long. Flowers are usually blue-violet but can be lavender, or red-violet. Full sun to partial shade. Prefers moist to wet, organic, slightly acidic soils. Can tolerate growing in up to 6 inches of standing water. Grows well near bogs and ponds. Zones 3-9. O •

Boneset (Eupatorium perfoliatum) Grows 4 to 6 feet high with a spread of 3 to 4 feet. Clusters of small, white flowers bloom in late summer. Leaves are lance shaped and have hairy stems. Full sun to part shade. Prefers medium wet to wet soil and will tolerate sand and clay soils with adequate moisture. Found in swamps and on streambanks. Medium salt tolerance. Zones 4-8.  $\bigcirc \bigcirc \blacklozenge$ 

**Cardinal Flower (Lobelia cardinalis)** Grows from 2 to 4 feet high with a spread of 1 to 2 feet and minimum root depth of 12 inches. Bright red flowers are tubular and bloom in late summer. Lance- shaped leaves are finely toothed, approximately 4 inches long. Full sun to partial shade. Prefers medium wet to wet, rich, organic soil. Found near streams and swamps and in low wooded areas. Attractive to hummingbirds. Zones 3-9. O

Columbine (Aquilegia canadensis) Grows from 2 to 3 feet high with a spread of 1 to  $1\frac{1}{2}$  feet. Flowers are light pink with yellow to blood red with yellow and bell shaped. Full sun to part shade. Prefers medium wet, well-drained soil but will tolerate a wide range as long as drainage is adequate. Flowers are attractive to hummingbirds. Salt tolerant. Zones 3-8. O •

Common Yarrow (Achillea millefolium) Grows from 1 to 3 feet high with a spread of 1 foot and minimum root depth of 8 inches. Several long stems produce flat clusters of white, pink, yellow, or red flowers. Full sun to part shade. Prefers dry to moist, well-drained soil but will tolerate a wide range as long as drainage is adequate. Flowers are attractive to pollinators. Zones 3-9.  $\bigcirc$  **)** =

**Coneflower/Echinacea** (*Echinacea purpurea*) Grows from 1 to 3 feet high with a spread of 1 to 2 feet depending on variety and a minimum root depth of 24 inches. Large, daisy-like flowers can be red, white or light purple. Tends to form clumps. Full sun. Prefers moist, well-drained, neutral to slightly alkaline soil. Heat and drought tolerant. Attracts birds and butterflies. Low salt tolerance. Zones 3-10.  $\bigcirc$  =

Helen's Flower (Helenium autumnale) Grows from 2 to 3 feet high with a spread of 3 to 5 feet and a minimum root depth of 6 inches. Yellow flowers are attractive to pollinators. Full sun. Prefers medium wet to wet soils. Low salt tolerance. Zones 3-8. 0

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Appalachian Strawberry



Bloodroot



Boneset





Coneflower



Black-eved Susan



Iris



**Cardinal Flower** 



**Common Yarrow** 



**Helen's Flower** 



Foam Flower











Soloman's Seal



Spikenard

Foam Flower (Tiarella cordifolia) Grows 8 to 10 inches high with a 1 to ½ foot spread. Masses of tiny white or pink flowers seem to float above the foliage. Broad, maple shaped leaves. Flowers remain up to 6 weeks. Easy to grow in moist to dry soil. Wet soil, especially in winter, can kill the plant. Part shade to shade. Zones 3 to 8. • =

Jack-in-the-Pulpit (Arisaema triphyllum) Grows from 1 to 2 feet high with a spread of 1 to 1<sup>1</sup>/<sub>2</sub> feet. Unusually shaped and striped "flower" in mid-spring; clusters of brilliant red berries in fall. Typically grows in wet woodland areas and may take 5 years to flower if grown from seed. Roots are poisonous. Prefers medium wet to wet rich organic soils and partial to full shade. Zones 3-9.  $\bullet \bullet$ 

**Lupine (Lupinus perennis)** Grows from 3 to 4 feet high with a spread of 1 to  $1\frac{1}{2}$ feet. Flowers grow in tall spears ranging from blue to purple. Full sun to part shade. Prefers dry to medium wet, well-drained soil. Flowers are attractive to pollinators. Zones 3-6. ○ ❶ =

Marsh Marigold (Caltha palustris) Grows from 8 inches to 2 feet high with a spread of approximately 1 foot and a minimum root depth of 8 inches. Typically found in swamps and marshes and is recommended for planting along stream banks, in bog gardens and near ponds. Bright yellow flowers bloom in late spring to early summer. Prefers wet organic soils and partial to full sun. Zones 1-8.  $\bigcirc$   $igodoldsymbol{\Phi}$ 

Milkweed (Asclepias syriaca) Grows from 2 to 3 feet high with a spread of approximately 1 foot and minimum root depth of 18 inches. Clusters of pink flowers bloom in the late spring into the summer and are attractive to butterflies. particularly Monarch larvae. Very adaptable. Can grow in average, dry to medium wet soils that are well drained. Prefers full sun. Zones 3-9.  $\bigcirc \blacklozenge =$ 

**New England Aster (Aster nova-angliae)** Grows from 1<sup>1</sup>/<sub>2</sub> to 2 feet high with a spread of 2 to 3 feet. It grows best in average to wet, well-drained soil with full sun. Blooms in late summer to early fall with dark purple flowers that are attractive to

butterflies. Medium salt tolerance. Zones 3-9.  $\bigcirc \blacklozenge =$ 

Solomon's Seal (Polygonatum pubescens) Grows from 2 to 3 feet high with a spread of approximately 1 foot. Flowers are small, white, and bell shaped growing in a line down the stem. Full shade to part shade. Prefers wet to medium wet soil but will tolerate drought. Zones 3-8. 🛈 🗨 🌢

Spikenard (Aralia racemosa) Grows from 3 to 5 feet high with an equal spread. Foliage produces large compound leaves with large clusters of small green white flowers. Full sun to part shade. Prefers dry to medium wet, well-drained soil. Zones 3-8.  $\bigcirc \bigcirc \blacklozenge \equiv$ 

Spotted Joe Pye Weed (Eupatorium maculatum) Grows from 4 to 5 feet high with a spread of 1.5 to 2 feet. Found naturally growing in damp meadows. Light pink flowers bloom from mid-summer to early fall and are attractive to butterflies. Prefers average to wet soil with full sun. Zones

4-8.○●♦

# Plant Identification Key

- Full Sun—more than 5 hours of direct sun per day
- Partial Sun—2 to 5 hours of direct sun per day or full day of dappled sun
- Full Shade—Fewer than 2 hours of direct sun per day

Joe-Pye Weed









- Wet Soils—Soils that are wet most of the year and/or poorly drained soils
- $\equiv$  Dry Soils—Soils that are dry year round and/or soils that drain quickly.

## **Herbaceous Perennials (Continued)**

**Turtlehead (Chelone glabra)** Grows to a size of 2 to 3 feet with a spread of 1½ to  $2\frac{1}{2}$  feet. Flowers are white with a pinkish tinge and are similar to snapdragons. Prefers a rich, moist to wet, organic soil with partial shade. Zones 3 to 9.

**Violet (Viola sp.)** Grows up to ½ a foot high with an equal spread. Simple flowers range in color from light pink to purple. Full sun to part shade. Prefers medium wet, well-drained soil. Flowers are attractive to pollinators. Zones 4-8. O •

Virgin's Bower (*Clematis virginiana*) A climbing vine that can grow up to 20 feet high with a minimum root depth of 14 inches. Grows best in soil with average to medium moisture and full sun to partial shade. Attractive clusters of silky seeds follow showy white flowers. Grows best on a trellis or fence. Zones 2-10.  $\bigcirc \mathbf{0} =$ 

Wintergreen/Checkerberry (Gaultheria procumbens) Also knows as teaberry. Grows up to 6 inches high and spreads 4 to 6 inches annually with a minimum root depth of12 inches. Favors well- drained, acidic soil with average moisture. Grows in partial to full shade but produces more fruit with adequate light. Leaves are evergreen and red berries remain on the plant all winter. Young leaves and berries have a wintergreen flavor. Zones 3-5.  $\bigcirc \bigcirc \blacklozenge \equiv$ 



Turtlehead







**Marsh Blue Violet** 

Wintergreen



**Christmas Fern** 



**Hay-scented Fern** 



Christmas Fern (Polystichum acrostichoides) Grows from 1 to 2 feet high with an equal spread. Plants grow in clumps and stay green year round. Full shade to part shade. Prefers dry to medium wet, well-drained soil. Zones 3-9. • • •

Cinnamon Fern (Osmunda cinnamomea) Grows from 2 to 3 feet high with an equal spread with a minimum root depth of 12 inches. Vegetation produces tall brown fronds along with typical fern leaves. Full sun to full shade. Prefers medium wet, well-drained soil. Low salt tolerance. Zones 3-8.  $\bigcirc \bigcirc \bigcirc \bigcirc \diamondsuit$ 

Hay-scented Fern (Dennstaedtia punctiloba) Vigorously spreading fern grows to 12 inches with light-green, finely-divided fronds. Foliage is sweet- scented when crushed. Versatile fern grows in many soils and tolerates drought. Found in clearings and on rocky slopes. Part-sun to shade. Moist, well-drained soil. Drought tolerant. Zones 3-8. **① ≡** 

Interrupted Fern (Osmunda claytoniana) Grows from 2 to 3 feet high with an equal spread and minimum root depth of 12 inches. By mid-summer vegetation has a distinctive gap between lower leaves and upper leaves on each frond where spore bearing leaves have fallen off. Full shade to part shade. Prefers wet to medium wet, well-drained soil, Zones 3-8. 🛈 🗨 🌢

Lady Fern (Athyrium filix-femina) Grows from 1 to 3 feet high with an equal spread and a minimum root depth of 12 inches. Vegetation produces fronds with fully separate slender leaves. Full shade to part shade. Prefers medium wet, welldrained soil. Zones 4-8. 🛈 🗨 🌢

Maidenhair Fern (Adiantum pedatum) Grows from 1 to 2 feet high with an equal spread and a minimum root depth of 10 inches. Curved stalks cause leaves to spread in a circular pattern. Full shade to part shade. Prefers medium wet, welldrained soil. Zones 3-8. 🛈 🗨 🌢

Marginal Wood Fern (Dryopteris marginalis) Grows from 1<sup>1</sup>/<sub>2</sub> to 2 feet high with an equal spread. Vegetation remains green year round. Full shade to part shade. Prefers medium wet, well-drained soil. Zones 3-8. • •

Ostrich Fern (Matteuccia struthiopteris) Grows from 3 to 6 feet high with a spread of 5 to 8 feet. Large fronds resemble feathers. Full shade to part shade. Prefers wet to medium wet soil. Zones 3-7. • • •

Royal Fern (Osmunda regalis) Grows from 2 to 3 feet high with an equal spread and a minimum root depth of 16 inches. Spores are found in tassels and the tip of the frond. Fibrous root systems. Full shade to part shade. Prefers wet to medium wet soil. Zones 3-9 • •



direct sun per day

direct sun per day



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Example of a living shoreline with a coir log in Freeport, ME





**Marginal Wood Fern** 





**Ostrich Fern** 









**Royal Fern** 



#### These plants are best for planting in shallow soils on steep slopes

- Full Sun—more than 5 hours of
- Partial Sun—2 to 5 hours of direct sun per day or full day of dappled sun
- Full Shade—Fewer than 2 hours of
- Wet Soils—Soils that are wet most of the year and/or poorly drained soils
- $\equiv$  Dry Soils—Soils that are dry year round and/or soils that drain quickly.

## Woody Low Shrubs (Up to 4 feet)

These plants are best for planting in shallow soils on steep slopes

Bearberry (Arctostaphylos uva-ursi) Grows from 4 to 6 inches with a spread of 3 feet and minimum root depth of 10 inches. Spreads easily to form a mat. Grows best in moist, well-drained, rich, acidic soil. Full sun to partial shade. Light pink, cup-shaped flowers give way to bright red berries in the fall. Helps prevent erosion and is commonly planted along banks. Salt tolerant. Zones 2-6.  $\bigcirc \bigcirc \blacklozenge =$ 

Bog Rosemary (Andromeda polifolia) Grows from 6 to 30 inches high with a spread of 3 feet. Leaves are narrow, evergreen and leathery with a blue-green color. Some resemblance to the culinary herb. Typically found in northern bogs and marshes. Flowers are small, pink, and bell-shaped. Grows best in very moist, acidic soil in cooler climates. Low salt tolerance. Zones 2-6. ● ● ●

**Cranberry** (Vaccinium macrocarpon) Grows from 6 to 9 inches high and spreads easily. Prefers an acidic, wet to moist soil. Typically grows in bogs. Grows best in full sun. Small pink flowers bloom in the spring and are followed by the commonly known red berries. Edible by wildlife and humans. Zones 2-6.  $\bigcirc$  **\blacklozenge** 

Creeping Juniper (Junperus horizontalis) Grows approximately 2 feet high with a spread of 8 feet and a minimum root depth of 12 inches. Tolerates a wide range of soil as long it is well drained. Grows best in full sun. Foliage is often a silvery blue color. Small, blue, berry-like fruit. Medium salt tolerance. Zones 3-9.  $\bigcirc$  =

Labrador Tea (Ledum groenlandicum) Grows to approximately 3 feet high with a spread of 3 feet and an minimum root depth of 18 inches. Typically found growing in bogs and swamps. Clusters of white flowers bloom in the spring. Grows best with full sun to partial shade. Prefers a wet, acid soil. Leaves are evergreen with a silvery underside. Low salt tolerance. Zones 2-5. ● ● ▲

Meadowsweet (Spiraea alba) Grows from 3 to 4 feet high with an equal spread and a minimum root depth of 12 inches. Flowers are white to light pink and form in conical clusters with a fuzzy appearance. Full sun to part shade. Prefers wet to medium wet, well-drained soil. Flowers are attractive to pollinators. Medium salt tolerance. Zones 3-7. ○●♦

Rhodora (Rhododendron canadense) Grows from 1 to 3 feet high with a similar spread and minimum root depth of 16 inches. Typically found near bogs and marshy areas. Grows best in wet, acidic soils with full sun to partial shade. Bright pink/purple flowers bloom in spring. Very hardy. Zones 2-6. ● ● ●

Sheep Laurel/Lambkill (Kalmia angustifolia) Grows from 1 to 3 feet high with a greater spread. Grows best in moist, organic, cool, acidic soils but can tolerate a variety of soil types. Prefers full sun to partial shade. Bright pink flowers bloom in early summer. As the name suggests it is poisonous to livestock. Zones 1-6. ● ● ▲

Woodbine/Virginia Creeper (Parthenocissus quinquefolia) A climbing vine that can reach sizes of up to 40 feet with a minimum root depth of 16 inches. Grows easily. Will tolerate a range of soil types and a variety of light conditions. Drought tolerant. Small white flowers in spring. Foliage turns bright red in the fall and small purple berries are produced. When not in a position to climb it is an excellent ground cover and will put down more roots. Zones 3-9.  $\bigcirc \bigcirc \bigcirc \diamondsuit =$ 

### Plant Identification Key

- Full Sun—more than 5 hours of direct sun per day
- Partial Sun—2 to 5 hours of direct sun per day or full day of dappled sun
- Full Shade—Fewer than 2 hours of direct sun per day
- Wet Soils—Soils that are wet most of the year and/or poorly drained soils
- $\equiv$  Dry Soils—Soils that are dry year round and/or soils that drain quickly





Bearberry



Cranberry



Labrador Tea



Rhodora







**Bush Honeysuckle** 



**Highbush Blueberry** 







Beach Plum

# Woody Medium Shrubs (4-8 feet), Shallow Soil

## These plants are best for planting in shallow soils on moderate slopes

Bush Honeysuckle (Diervilla lonicera) Also called American Fly Honeysuckle. (Do not confuse with European Fly Honeysuckle which is invasive.) Grows 2 to 5 feet high with a minimum root depth of 16 inches. A straggling shrub with handsome red berries. Sun to shade. Sandy, dry soil. Drought tolerant. Found in cool, rocky woods. Zones 3-7.  $\bigcirc \bigcirc \bigcirc \equiv$ 

Flowering Raspberry (Rubus odoratus) Grows from 3 to 6 feet high with a spread of 6 to 12 feet and a minimum root depth of 16 inches. Fragrant pink flowers produce edible red fruits. Full sun to part shade. Prefers medium wet, welldrained soil. Flowers are attractive to pollinators. Zones 3-8. •••••

**Highbush Blueberry (Vaccinium corymbosum)** Grows from 6 to 8 feet in height with a spread of 8 to 12 feet and a minimum root depth of 16 inches. Typically found near bogs and marshes. Prefers moist, well-drained, acidic soil. Sun to partial shade. White bell-shaped flowers bloom in the spring and are followed by edible dark blue berries. Leaves turn red in the fall. Berries are attractive to birds and other wildlife. Zones 5-7.  $\bullet \bullet = \bullet$ 

Mapleleaf Viburnum (Viburnum acerifolium) Grows from 4 to 6 feet high with an equal spread and a minimum root depth of 14 inches. Grows best in welldrained, mildly acidic soil with average moisture but can tolerate drier soils. Prefers shade to partial shade. Similar to other viburnums, a cluster of small white flowers gives way to dark blue/black fruits that are enjoyed by birds and other wildlife. Zones 4-8.  $\bigcirc \bigcirc \equiv \blacklozenge$ 

Red Chokeberry (Aronia arbutifolia) Grows from 6 to 8 feet high with a spread of 3 to 4 feet and a minimum root depth of 14 inches. In fall, foliage turns to bright red and red berries attract birds. Full sun to part shade. Prefers medium wet, welldrained soil. Salt tolerant. Zones 4-9. O 🗨 🌢

Summersweet (Clethra alnifolia) Also called Hummingbird Clethra or Sweet Pepperbush. Grows 3 to 8 feet high with a 4 to 6 foot spread and minimum root depth of 16 inches. Attractive, deep-green foliage and very fragrant, white or pink flowers in summer. Sun to shade. Moist to wet soil. Zones 4-8. 🛈 🗢 🌢

Sweet Fern (Comptonia peregrina) Grows from 2 to 5 feet high with a spread of 4 to 8 feet and a minimum root depth of 14 inches. Slender, deeply notched leaves. Full sun to part shade. Prefers dry to medium wet soil. Medium salt tolerance. Zones 2-6.  $\bigcirc \bigcirc \equiv$ 

# Woody Medium Shrubs (4-8 feet), Deep Soil

#### These plants are best for planting in deep soils on moderate slopes

American Yew (*Taxus canadensis*) Grows from 1 to 6 feet high with branches spreading to 6 feet and a minimum root depth of 24 inches. Grows best in moist. loamy, alkaline, well-drained soils. Prefers partial to full shade. A popular food for moose and deer. Low salt tolerance. Zones 2-6. •

Beach Plum (Prunus maritima) Grows 6 to 8 feet high with a spread of 6 feet and a minimum root depth of 20 inches. Grows best in well-drained soil but is adaptable to a range of soil types. Prefers full sun. White flowers bloom in the spring and are followed by edible purple fruits. Typically found along the coast and tolerant of salt. Salt tolerant. Zones 3-7.  $\bigcirc = \blacklozenge$ 

Northern Bayberry (Myrica pennsylvanica) Typically grows from 5 to 6 feet high but can reach 10 feet. Minimum root depth of 20 inches. Spreads easily and forms colonies. Often found in coastal areas. Foliage is semi-evergreen aromatic. Will grow well in dry, acidic soils. Grows best in full sun but will tolerate partial shade. Medium salt tolerance. Zones 2-6.  $\bigcirc \bigcirc \blacklozenge =$ 





# Woody Tall Shrubs (>8 feet), Shallow Soil

#### These plants are best for planting in shallow soils on gradual slopes

Arrowwood (Viburnum dentatum) Grows from 6 to 10 feet high with an equal spread. Commonly used as a hedge. Produces flat clusters of small white flowers. Full sun to part shade. Prefers medium wet, well-drained soil. Flowers are attractive to pollinators. Salt tolerant. Zones 1-8. OD

Black Chokeberry (Aronia melanocarpa) Can grow up to 8 feet high with a spread of 8 feet and a minimum root depth of 14 inches. Grows best in moist, welldrained, acidic soils but will tolerate drier sandy soils or wet clay ones. Particularly Arrowwood good for soil stabilization. Prefers full to partial sun. White flowers bloom in the spring with black berries appearing in the fall and lasting through the winter. Low salt tolerance. Zones 3-8.  $\bigcirc \bigcirc \blacklozenge =$ 

Buttonbush (Cephalanthus occidentalis) Grows 6 to 10 feet with a similar spread and a minimum root depth of 14 inches. Darkish-green, glossy leaves. Large, showy, spherical flowerheads (pom-poms) in summer, followed by spherical fruits that persist into winter. Sun to part-sun. Wet soil. Grows in up to 3 feet of water. Flood tolerant. Found along lakes and streams. Medium salt tolerance. Zones 4-11. OD

**Common Juniper (Juniperus communis)** Grows to a height of 3-10 feet with an equal spread and a minimum root depth of 14 inches. Form can be variable from low and spreading to an erect shrub. Cones are berry-like. Leaves are evergreen needles but can turn light brown during the winter. Grows best with full sun. Salt tolerant. Zones 2-6. ● ♦=

Gray Dogwood (Cornus racemosa) Grows to 10 feet high with a spread of 10 to 15 feet and a minimum root depth of 16 inches. Can form thickets. Tolerant of a wide range of soils and city air pollution. Grows best in medium wet soil with full sun to partial shade. Small white clusters of flowers bloom in late spring. Medium salt tolerance. Zones 3-8.  $\bigcirc \bigcirc \blacklozenge$ 

Nannyberry (Viburnum lentago) Grows from 14 to 16 feet with a spread of 6 to 12 feet and a minimum root depth of 14 inches. Grows well in medium wet to average soil but is tolerant of drier soils. Prefers full sun to part shade. Clusters of white flowers turn into blue/black berry like fruit. Supposedly the fruit is attractive to nanny goats, hence its name. Zones 2-8.  $\bigcirc \bigcirc \blacklozenge \equiv$ 

**Staghorn Sumac (Rhus typhina)** Grows from 10 to 25 feet tall with a spread of 15 to 20 feet. Tolerates a wide range of well drained soils. Grows best in full sun to partial shade. Clusters of fuzzy berry-like fruits are produced in the fall. A popular ornamental shrub due to its showy autumn colors. Zones 3-8.  $\bigcirc$  **①** =

Winterberry (Ilex verticillata) Grows 6 to 10 feet high with a similar spread and a minimum root depth of 16 inches. Grows best in moist well-drained soils but will tolerate wet, swampy areas. Prefers full sun to partial shade. Bright red attractive fruits last into winter. Male and female plants are needed to produce berries. Low salt tolerance. Zones 3-9.  $\bigcirc$   $\bigcirc$   $\blacklozenge$ 

Witherod (Viburnum cassinoides) Also called wild raisin. Grows 6 to 10 feet high with a lesser spread and minimum root depth of 14 inches. A slender, upright shrub with glossy, green leaves. Round clusters of feathery, white to pink flowers in late spring and whitish fruit turning blue-black in the fall. Red fall color. Sun to shade. Moist to wet soil but tolerates drier conditions. Good for birds, Zones 3-8. 





**Buttonbush** 



Black Chokecherry



**Common Juniper** 



Gray Dogwood



Nannyberry



Winterberry

Witherod





**Red Osier Dogwood** 

# Woody Tall Shrubs (>8 feet), Deep Soil These plants are best for planting in shallow soils on gradual slopes

Hazelnut (Corylus americana) Grows from 10 to 16 feet high with a spread of 8 to 13 feet and a minimum root depth of 20 inches. Small bell-shaped flowers grow in clusters. Female plants will produce small edible nuts in the summer. Prefers dry to medium wet, well-drained soil. Zones 4-9.  $\bigcirc$  **\bigcirc** =

**Red-osier Dogwood (Cornus sericea)** Grows from 6 to 9 feet high with a spread of 8 to 12 feet and minimum root depth of 20 inches. Grows best in rich medium to wet soil. Typically found in bogs or swamps and will tolerate a wide range of soils. Young branches are bright red. Small white clusters of flowers bloom in late spring and are followed by fall fruits which are attractive to birds. Prefers full sun to part shade. Zones 2-7.  $\bigcirc \bigcirc \blacklozenge$ 

## **Plant Identification Key**

- Full Sun—more than 5 hours of direct sun per day
- Partial Sun—2 to 5 hours of direct sun per day or full day of dappled sun Full Shade—Fewer than 2 hours of
- direct sun per day



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**Staghorn Sumac** 

- Wet Soils—Soils that are wet most of the year and/or poorly drained soils  $\equiv$  Dry Soils—Soils that are dry year
- round and/or soils that drain quickly.

## **Woody Small Trees**

#### These plants are best for planting in deep soils on moderate slopes

American Hornbeam (Carpinus caroliniana) Grows from 20 to 35 feet high with an equal spread and a minimum root depth of 20 inches. Smooth gray trunk with serrated oval leaves. Full shade to part shade. Prefers dry to medium wet soil. 3-9. 

**Chokecherry** (*Prunus virginiana*) Grows from 25 to 30 feet tall with a spread of 20 feet. Grows best in moist soil but will tolerate drier conditions. Partial to full sun. White flowers bloom in the spring and are followed by bright red berries. Flowers have a strong sweet fragrance. The fruit has an astringent taste but does attract birds. Zones 2-6.  $\bigcirc \bigcirc \blacklozenge =$ 

Cockspur Hawthorn (Crataegus crus-galli) Grows from 25 to 35 feet high with an equal spread and a minimum root depth of 24 inches. Many fragrant white flowers bloom in spring. Branches are armored with long thorns. Fruit produced in the fall is edible, although, unpleasant. Full sun to part shade. Prefers medium wet, well-drained soil but will tolerate a wide range as long as drainage is adequate. Flowers are attractive to pollinators. Zones 3-7. O

Common Witchhazel (Hamamelis virginiana) Grows 10 to 15 feet high with an equal spread with a minimum root depth of 20 inches. Prefers moist, acidic soil and grows best with full sun to partial shade. Small clumps of yellow flowers bloom in early fall and have a pleasing fragrance. Zones 3-8.  $\bigcirc$   $\bigcirc$ 

Pagoda Dogwood (Cornus alternifolia) Grows from 15 to 25 feet high with a spread of 20 to 32 feet and a minimum root depth of 20 inches. Small clusters of white flowers with a fuzzy appearance bloom in spring. Full sun to part shade. Prefers medium wet, well-drained soil. Flowers are attractive to pollinators. Zones 3-7.○●♦

Pussy Willow (Salix discolor) Grows from 6 to 15 feet high with a spread of 4 to 12 feet and a minimum root depth of 20 inches. Flowers are showy catkins that emerge in late winter. Full sun. Prefers wet to medium wet soil. Medium salt tolerance. Zones 4-8. 🔿 🌢

Sassafras (Sassafras albidum) Grows from 30 to 60 feet high with a spread of 25 to 40 feet and a minimum root depth of 18 inches. Flowers are yellow-green and grow in small showy clusters. Large tap root. Full sun to part shade. Prefers medium wet soil. Medium salt tolerance. Zones 4-9. O •

Shadblow Serviceberry (Amelanchier canadensis) Grows from 25 to 30 feet high with a spread of 15 to 20 feet. Grows best in medium wet, well- drained soil but will tolerate a wide range. Prefers partial shade to full sun. Clusters of white flowers are followed by edible red/purple berries in late summer. Zones 4-8.  $\bigcirc \bigcirc \blacklozenge$ 

Striped Maple (Acer pensylvanicum) Grows from 15 to 25 feet high with a spread of 12 to 20 feet and a minimum root depth of 28 inches. Green bark on younger trees has distinct white stripes. Full shade to part shade. Prefers medium wet, welldrained acidic soils. Medium salt tolerance. Zones 3-7. 🛈 🗢 🌢

### Plant Identification Key

- Full Sun—more than 5 hours of direct sun per day
- Partial Sun—2 to 5 hours of direct sun per day or full day of dappled sun
- Full Shade—Fewer than 2 hours of direct sun per day
- Wet Soils—Soils that are wet most of the year and/or poorly drained soils
- $\equiv$  Dry Soils—Soils that are dry year round and/or soils that drain quickly

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American Hornbeam



Chokecherry





**Pussy Willow** 



**Cockspur Hawthorn** 





**Balsam Fir** 



Green Ash









White Cedar

# **Woody Tall Trees**

Balsam Fir (Abies balsamea) Grow up to 50 feet high and 20 feet wide. Narrow, pyramidal tree; typical Christmas tree shape. Needles are short, dark green, and blunt. Small, light brown cones. Sun to shade. Moist to wet soils. Zones 3-5. 🛈 🗢 🌢

Eastern White Pine (Pinus strobus) Can grow to 100 feet with a 40 foot crown. Large, open tree with horizontal branching. Long, soft, blue-green needles. Can be pruned to hedges or windbreaks. Rapid growth. Sun to partial shade. Tolerates dry Eastern White Pine soil. Does not tolerate salt or flooding. Zones 3-7.  $\bigcirc$   $\bigcirc$  =

> Green Ash (Fraxinus pennsylvanica) Grows to 60 feet. Rapid growth. Rounded crown. Leaves turn bright yellow in fall. Bark has narrow, interlacing ridges. Zones 3-9.○●♦

> Hemlock (Tsuga canadensis) Can grow up to 80 feet with a 30 foot spread in ideal conditions. Large, irregular, pyramidal tree. Small, deep-green needles with a loose, feathery appearance. Small, interesting cones. Also available in dwarf forms. Sun to shade. Does best in cool, moist, well- drained soil. Tolerates shade and some

flooding. Zones 3-7. O • • • =

Larch (Larix laricina) Also know as Tamarack. Grows to 65 feet. Narrow and upright with horizontal branches and sweeping twigs. Fine, light-green needles turn yellow in fall and drop. Has the appearance of an evergreen but is not. Full sun. Prefers moist soil but tolerates poor, wet soil and flooding. Medium salt tolerance. Zones 2-4. ○ ♦

Red Pine (Pinus resinosa) Also called Norway Pine. Can reach 80 feet. Rapid growth. Large, handsome, straight tree. Long, dark green, stiff needles. Reddish bark. Makes an excellent windbreak. Full sun. Bet in dry, sandy soil. First discovered near Norway, Maine. Zones 2-5.  $\bigcirc$  =

Sugar Maple (Acer saccharum) Grows up to 75 feet with a 40 foot spread. Stunning orange- red fall color. Full sun, but tolerates some shade. Moist, well-drained soil. Does not tolerate wet or compacted soil. Zones 3-8.  $\bigcirc$   $\bigcirc$  =

Swamp White Oak (*Quercus bicolor*) Grows to 60 feet with a similar spread. Produces many acorns. Leaves irregularly lobed, about 6 inches long, shiny, dark green above and light below. Bark on large trees ridged and furrowed. Moist to wet soil. Tolerates

White Cedar (Thuja occidentalis) Also called Arborvitae. Grows to 60 feet and 25 feet across. A dense tree with flat, green aromatic foliage. Often sheered and shaped for landscaping purposes, but has an attractive shape on its own. Sun to part sun. Moist soil best, tolerates flooding and occasional drought. Found in wet soils and swampy areas. Zone 3.  $\bigcirc \bullet$ 

Yellow Birch (Betula alleghaniensis) Can grow up to 80 feet with a 50 foot spread. Attractive golden, peeling bark on older specimens. Leaves are alternate, 3-5 inches long, turning yellow in fall. Part-sun to shade. Moist soil. Found near streams. Zones 3-7. 🛈 🛡 🌢



**Red Pine** 

swampy, poorly-drained conditions. Zones 4-8.  $\bigcirc \bigcirc \blacklozenge$ 



Swamp White Oak

### These plants are best for planting in deep soils on gradual slopes



## **Additional Resources**

Natural Landscapes of Maine by Susan Growler & Andy Cutko:

http://maine.gov/dacf/mnap/about/publications/community\_classification.htm

Additional plant information can be found on the Department of Agriculture, Conservation and Forestry's Maine Natural Areas Program website: <u>http://maine.gov/dacf/mnap/features/index.htm</u>

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**DISCLAIMER:** The information provided in this guide is intended for general planning purposes only. Many variables affect how successful individual plants will be at a given site. In addition, weather and overall climate fluctuations (including micro-climate factors) will have a large impact on the success of plant species or community. CCSWCD and the partners who collaborated to create this guide do not guarantee the success of any plant species at any site. Please consult a professional for designs of pathways or structures within the bluff zone.

#### CONTACT THE MAINE DEPARTMENT OF ENVIRONMENTAL PROTECTION AND YOUR MUNICIPAL CODE ENFORCEMENT OFFICER FOR THE PROPER PERMITS ANYTIME WORK IS BEING DONE ADJACENT TO A WATER BODY.

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